

**Adults, Wellbeing and Health
Overview and Scrutiny Committee**

18 January 2019

**Quarter Two 2018/19
Performance Management Report**



Report of Corporate Management Team

Lorraine O'Donnell, Director of Transformation and Partnerships

Councillor Simon Henig, Leader of the Council

Electoral division(s) affected:

Countywide.

Purpose of the Report

- 1 To present progress towards achieving the key outcomes of the council's corporate performance framework for the Altogether Healthier priority theme.

Performance Report for quarter two, 2018/19

- 2 The performance report for quarter two, 2018/19 is attached at Appendix 2. It is structured around a set of key questions aligned to the Altogether Healthier priority theme and includes the key performance messages from data available this quarter along with visual summaries and data tables for each key question.
- 3 [Consultation](#) is currently underway in order to develop a new vision for County Durham. Between 22 November 2018 and 18 January 2019 the public are being asked to provide their views on our proposed high level aims. This feedback will then be used in order to develop a draft Durham 2030 Vision, which will be subject to further consultation between February and March. In line with this, we will be reviewing our six 'Altogether' priority themes in order to better reflect our new priorities.

Executive summary

- 4 Almost 70% of adults are carrying excess weight and County Durham is ranked 135 of 152 authorities across England. Smoking prevalence is better than both the England and regional average but mothers smoking at time of delivery, although improved, remains a concern. The percentage of women breastfeeding at 6-8 weeks has declined from last year. More older people were admitted to hospital due to the summer heatwave and this had a knock-on-effect for adult care and support services (e.g. reablement, intermediate care).

Risk Management

- 5 Effective risk management is a vital component of the council's agenda. The council's risk management process sits alongside our change programme and is incorporated into all significant change and improvement projects.

- 6 One new risk have been added during the latest review period:

Risk that the Council breaches it's Adult Care – Residential Care Charging Policy and Deferred Payment Policy and is subject to legal challenge by providers. This risk reflects the potential implications of the circumstances under which the Council exercises its discretion under the Care Act 2014. Significant work has been completed in this area to review and update the Council's Adult Care – Residential Care Charging Policy and Deferred Payment Policy.

Recommendation

- 7 That the Adults, Wellbeing and Health Overview and Scrutiny Committee receive the report and consider any performance issues arising herewith.

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Appendix 1: Implications

Legal Implications

Not applicable.

Finance

Latest performance information is being used to inform corporate, service and financial planning.

Consultation

Not applicable.

Equality and Diversity / Public Sector Equality Duty

Equality measures are monitored as part of the performance monitoring process.

Human Rights

Not applicable.

Crime and Disorder

A number of performance indicators and key actions relating to crime and disorder are continually monitored in partnership with Durham Constabulary.

Staffing

Performance against a number of relevant corporate health indicators has been included to monitor staffing issues.

Accommodation

Not applicable.

Risk

Reporting of significant risks and their interaction with performance is integrated into the quarterly performance management report.

Procurement

Not applicable.

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Altogether better



Durham County Council Performance Management Report

Quarter Two, 2018/19



ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

Smoking Quitters



16.9% of mothers were Smoking At Time Of Delivery

- Better than last year (19.6%)
- Worse than national (10.4%) and regional (15.1%)
- Did not meet target (14.7%)

556 smokers supported to quit via Stop Smoking Service

- Did not meet target (600 smokers)
- Equates to 736.3 quitters per 100,000 smokers

14.3% Smoking prevalence (2017)

- Better than 2016 (17.9%)
- Similar to national (14.9%) and regional (16.2%)
- Equates to 60,084 adults who smoke in County Durham

Data Apr-Jun 2018

Excess Weight in Adults (2016/17)



67.7% of adults are carrying excess weight



increased slightly compared to last year (67.5%) ↑



worse than England average (61.3%) ✗
ranked 135 of 152 LAs in England ✗

Active Participation 150+ minutes per week

Durham
62.9%
active

England
62.3%
active

North East
59.2%
active

Increase nationally of one million adults being active by walking for leisure (+739k) or travel (+325k) ↑

National decrease in adults cycling (-400k), swimming (-360k) and playing team sports (-264k) ↓

Data May 17-May 18

Altogether Healthier

- 1 The priority theme of Altogether Healthier is structured around the following two key questions:
 - Are our services improving the health of our residents?
 - Are people needing adult social care supported to live safe, healthy and independent lives?

Are our services improving the health of our residents?

- 2 In 2017, for the first time, County Durham's smoking prevalence rate was below the England and North East Regional average (see [Tobacco Control Profiles](#)). Lower prevalence and extreme cold weather experienced in March and April reduced referrals to the Stop Smoking Service (SSS) during quarter one. Consequently, fewer people than target stopped smoking with SSS support. Further activity includes SSS promotion within GP practices for those with long-term conditions, patients who smoke and targeted locality-based [Stoptober](#) activity.
- 3 Durham, Dales, Easington and Sedgefield (DDES) Clinical Commissioning Group (CCG) has the highest rate (21.4%) of mothers smoking at the time of delivery in the North East and is the sixth highest of all CCGs in England.
- 4 An incentive scheme from DDES (those who commit to quit are offered high street shopping vouchers) has been extended to February 2019 whilst success of the scheme is evaluated. An update will be provided in quarter three. The SSS is also trialling automatic home visits for pregnant women who have not been contactable following their midwife referral.
- 5 During quarter two, 374 mothers were breastfeeding at 6-8 weeks. New marketing material has been produced to increase sign up to the Breastfeeding Friendly County Durham Scheme. In June 2019, an Infant Feeding Conference will raise awareness of the benefits of breastfeeding amongst practitioners and other stakeholders.
- 6 We are developing a policy to minimise the impact of hot food takeaways, specifically in areas of existing high proliferation. The policy will restrict applications whereby the proposal would result in hot food takeaways making up more than 5% of premises within the town centre or be within 400 metres of school or college buildings, existing or proposed.
- 7 In addition, we are communicating with existing takeaway food providers to more widely promote a healthier food and drink offer to their customers.

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?



392.5

adults aged 65+
(per 100,000 population)
admitted to residential or
nursing care on a
permanent basis
(Apr-Sep 2018)

**Increase compared to
last year (322.5)**



453,486

Bed days commissioned
for 65+ in residential or
nursing care
(Apr-Sep 2018)

**Increase compared to
last year (447,732)**



3.4

Daily delayed transfers of
care, per 100,000
population
(Aug 2018)

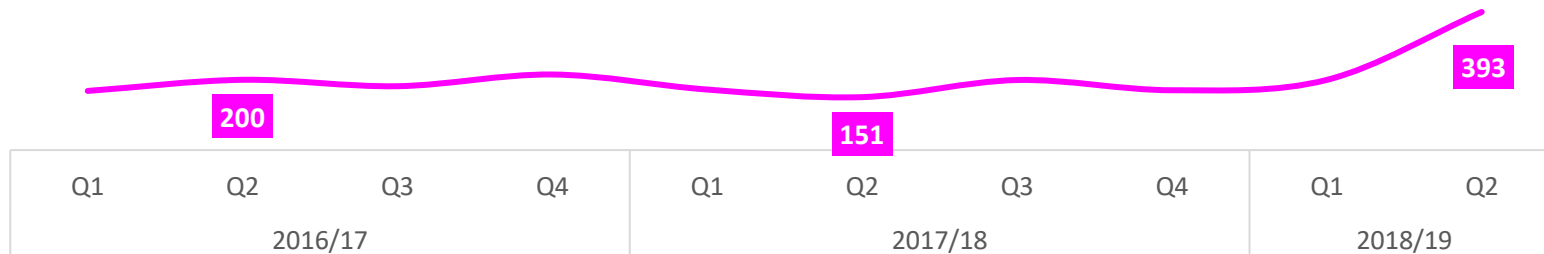
**Better than national
(9.7) and regional (7.1)**



86.1%

Of patients discharged into
reablement/ rehabilitation
services were still at home
after 91 days
(Jan-jun 2018)

**Better than target
(85.9%)**



Adults 65+ (per 100,000 population) admitted to residential or nursing care on a permanent basis

Are people needing adult social care supported to live safe, healthy and independent lives?

- 8 County Durham and Darlington Foundation Trust reported increased operational pressures throughout the summer months as greater numbers of older people were admitted to hospital suffering from the heatwave, e.g. with dehydration, overheating, heat exhaustion or heatstroke. This had a knock-on-effect for adult care and support services (e.g. reablement, intermediate care).
- 9 The Integrated Care Board has put processes in place to prevent unnecessary hospital admissions and move people out of hospital and back home (whether that be a private residence or care/nursing home) as soon as possible, and once the appropriate care and support packages are in place.
- 10 Although overall satisfaction of people who use our adult social care services is higher than last year (67% compared to 64%) and the national rate (65%), the differences are not statistically significant.
- 11 The Department of Health and Social Care (DHSC) has published a dashboard which brings together a range of performance metrics to determine a 'good health and care interface'. Six metrics assess areas against their statistical nearest neighbours (CIPFA) and nationally. A combined national ranking is also calculated from the metrics.

	National Ranking (out of 152)		Nearest Neighbour (out of 16)	
Emergency admissions per 100,000 (65+) population	66	2 nd quartile	4	Top quartile
90 th percentile of length of stay for emergency admissions (65+)	32	Top quartile	6	2 nd quartile
Delayed days per day per 100,000 per 18+ population	4	Top quartile	2	Top quartile
Proportion of older people (65+) who are discharged from hospital who receive reablement/ rehabilitation services	43	2 nd quartile	5	2 nd quartile
Proportion of older people who were still at home 91 days after discharge from hospital into reablement/ rehabilitation services	41	2 nd quartile	4	Top quartile
Proportion of discharges (following emergency admissions) which occur at a weekend	118	Bottom quartile	10	3 rd quartile
Overall national ranking	17	Top quartile	3	Top quartile

Key Performance Indicators – Data Tables

There are two types of performance indicators throughout this document:

- (a) Key target indicators – targets are set as improvements can be measured regularly and can be actively influenced by the council and its partners; and
- (b) Key tracker indicators – performance is tracked but no targets are set as they are long-term and/or can only be partially influenced by the council and its partners.

A guide is available which provides full details of indicator definitions and data sources for the 2017/18 corporate indicator set. This is available to view either internally from the intranet or can be requested from the Strategy Team at performance@durham.gov.uk

KEY TO SYMBOLS

	Direction of travel	Benchmarking	Performance against target
GREEN	Same or better than comparable period	Same or better than comparable group	Meeting or exceeding target
AMBER	Worse than comparable period (within 2% tolerance)	Worse than comparable group (within 2% tolerance)	Performance within 2% of target
RED	Worse than comparable period (greater than 2%)	Worse than comparable group (greater than 2%)	Performance >2% behind target

National Benchmarking

We compare our performance to all English authorities. The number of authorities varies according to the performance indicator and functions of councils, for example educational attainment is compared to county and unitary councils however waste disposal is compared to district and unitary councils.

North East Benchmarking

The North East figure is the average performance from the authorities within the North East region, i.e. County Durham, Darlington, Gateshead, Hartlepool, Middlesbrough, Newcastle upon Tyne, North Tyneside, Northumberland, Redcar and Cleveland, Stockton-On-Tees, South Tyneside, Sunderland. The number of authorities also varies according to the performance indicator and functions of councils.

More detail is available from the Strategy Team at performance@durham.gov.uk

ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
69	% of mothers smoking at time of delivery	16.9*	Apr-Jun 2018	14.7 RED	19.6 GREEN	10.4* RED	15.1* RED			Yes
70	Four week smoking quitters per 100,000 smoking population [number of quitters]	736.3 [556]	Apr-Jun 2018	795 [600] RED	888.6 [671] RED					Yes
71	Male life expectancy at birth (years)	78.0	2014-16	Tracker N/a	78.1 AMBER	79.5 AMBER	77.8 GREEN			No
72	Female life expectancy at birth (years)	81.3	2014-16	Tracker N/a	81.2 GREEN	83.1 RED	81.5 AMBER			No
73	Female healthy life expectancy at birth (years)	59	2014-16	Tracker N/a	57 GREEN	63.9 RED	60.6 AMBER			No
74	Male healthy life expectancy at birth (years)	59.1	2014-16	Tracker N/a	59.7 AMBER	63.3 RED	59.7 AMBER			No
75	Excess weight in adults (Proportion of adults classified as overweight or obese)	67.7	2016/17	Tracker N/a	67.5 AMBER	61.3 RED	66.1 AMBER			Yes
76	Suicide rate (deaths from suicide and injury of undetermined intent) per 100,000 population	12.6	2014-16	Tracker N/a	15.7 GREEN	9.9 RED	11.6 RED			No
77	Prevalence of breastfeeding at 6-8 weeks from birth	29.6	Jul-Sep 2018	Tracker N/a	29.9 AMBER	44.4 RED	32.5 RED		Apr-Jun 18	Yes
78	Estimated smoking prevalence of persons aged 18 and over	14.3	2017	Tracker N/a	17.9 GREEN	14.9 GREEN	16.2 GREEN			No

ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
79	Self-reported wellbeing - people with a low happiness score	6.9	2016/17	Tracker	11.5	8.5	8.7			No
				N/a	GREEN	GREEN	GREEN			
80	Participation in Sport and Physical Activity: active	62.9	May 17– May 18	Tracker	61.4	62.3	59.2			Yes
				N/a	GREEN	GREEN	GREEN			
81	Participation in Sport and Physical Activity: inactive	26.6	May 17- May 18	Tracker	24.5	25.2	29.0			Yes
				N/a	RED	RED	GREEN			

*provisional data

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
82	Adults aged 65+ per 100,000 population admitted on a permanent basis in the year to residential or nursing care	392.5	Apr-Sep 2018	343.5	322.5					Yes
				RED	RED					
83	% of older people who were still at home 91 days after discharge from hospital into reablement/ rehabilitation services	86.1	Jan-Jun 2018	85.9	88.9	82.5	85.3	83.3*	2016/17	Yes
				GREEN	RED	Not comparable	Not comparable	Not comparable		
84	% of individuals who achieved their desired outcomes from the adult safeguarding process	95.3	Apr-Sep 2018	Tracker	96.3					Yes
				N/a	AMBER					
85	% of service users receiving an assessment or review within the last 12 months	86.6	Sep 17- Sep 18	Tracker	87.3					Yes
				N/a	AMBER					

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
86	Overall satisfaction of people who use services with their care and support	66.6	2017/18	Tracker	63.6	65.0	67.9	66.3*		Yes
				N/a	GREEN	GREEN	AMBER	GREEN		
87	Overall satisfaction of carers with the support and services they receive (Biennial survey)	43.3	2016/17	Tracker	New indicator	39.0	45.7			No
				N/a	N/a	GREEN	RED			
88	Daily Delayed transfers of care beds, all per hospital per 100,000 population age 18+	3.4	As at Aug 2018	Tracker	3.4	9.7	7.1	10.1		Yes
				N/a	GREEN	GREEN	GREEN	GREEN		
89	% of adult social care service users who report they have enough choice over the care and support services they receive	74.9	2017/18	Tracker	73.1	68.2	72.1	69.1*		Yes
				N/a	GREEN	GREEN	GREEN	GREEN		

*unitary authorities

Other additional relevant indicators

ALTOGETHER BETTER FOR CHILDREN AND YOUNG PEOPLE										
1. Are children, young people and families in receipt of universal services appropriately supported?										
Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
38	Under 18 conception rate per 1,000 girls aged 15 to 17	22.3 [^]	Jul 16- Jun 17	Tracker	24.1	18.2 [^]	24.6 [^]			Yes
				N/a	GREEN	RED	GREEN			
39	% of five year old children free from dental decay	74.2	2016/17	Tracker	64.9	76.7	76.1			No
				N/a	GREEN	RED	RED			
40	Alcohol specific hospital admissions for under 18s (rate per 100,000)	56.2	2014/15- 2016/17	Tracker	67.5	34.2	64.8			No
				N/a	GREEN	RED	GREEN			
41	Young people aged 10-24 admitted to hospital as a result of self-harm	400.8	2016/17	Tracker	420.8	404.6	425.3			No
				N/a	GREEN	GREEN	GREEN			
42	% of children aged 4 to 5 years classified as overweight or obese	24.1 [*]	2016/17 (Academic Year)	Tracker	24.3	22.6	24.5			No
				N/a	GREEN	RED	GREEN			
43	% of children aged 10 to 11 years classified as overweight or obese	37.7 [*]	2016/17 (Academic Year)	Tracker	37.0	34.2	37.3			No
				N/a	AMBER	RED	AMBER			

*provisional data

ALTOGETHER SAFER

3. How well do we reduce misuse of drugs and alcohol?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
98	% of successful completions of those in alcohol treatment	32.2	Mar 17-Feb 18 with reps to Aug 2018	28.0 GREEN	32.6* AMBER	39.1 RED	30.8 GREEN		North East 2016	Yes
99	% of successful completions of those in drug treatment - opiates	5.5	Mar 17-Feb 18 with reps to Aug 2018	6.0 RED	5.5* GREEN	6.4 RED	5.2 GREEN		North East 2016	Yes
100	% of successful completions of those in drug treatment - non-opiates	29.2	Mar 17-Feb 18 with reps to Aug 2018	26.4 GREEN	28.8* GREEN	36.6 RED	27.4 GREEN		North East 2016	Yes

*2017/18 baseline