

1 April 2019

**Quarter Three 2018/19
Performance Management Report**



Report of Lorraine O'Donnell, Director of Transformation and Partnerships

Electoral division(s) affected:

Countywide.

Purpose of the Report

- 1 To present progress towards achieving the key outcomes of the council's corporate performance framework for the Altogether Healthier priority theme.

Performance Report for quarter three, 2018/19

- 1 The performance report for quarter three, 2018/19 is attached at Appendix 2. It is structured around a set of key questions aligned to the Altogether Healthier priority theme and includes the key performance messages from data available this quarter along with visual summaries and data tables for each key question.

Future Performance Reporting

- 2 As our current vision, which forms the basis of this performance report, is over nine years old and many of the original aims have been achieved, we are developing a new set of proposed ambitions that better reflect the needs and opportunities of County Durham. Consequently, from quarter one, 2019/20, the format and content of this performance report will change to align it to the new vision.

Executive summary

- 3 44% of children and young people are physically active, but there is evidence that inactivity and diet are leading to unhealthy weight gain for some children, with more than 37% of all 10-11 year olds now overweight or obese. Although smoking prevalence is better than both the England and regional average, mothers smoking at time of delivery

remains a concern. A smoking in pregnancy steering group has been established to reduce smoking in pregnancy to 6% by 2022. To reduce the suicide rate across the county, which is worse than both the regional and England averages, a new suicide prevention action plan is now in place which includes; an early warning system to flag up people at risk, review of the referral processes and out-of-hours crisis provision, and an audit of the support provided by the community and voluntary sector.

Risk Management

- 4 Effective risk management is a vital component of the council's agenda. The council's risk management process sits alongside our change programme and is incorporated into all significant change and improvement projects.
- 5 There are no key risks in delivering the objectives of this theme.

Recommendation

- 6 That the Adults, Wellbeing and Health Overview and Scrutiny Committee considers the overall position and direction of travel in relation to quarter three performance, and the actions being taken to address areas of underperformance.

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Appendix 1: Implications

Legal Implications

Not applicable.

Finance

Latest performance information is being used to inform corporate, service and financial planning.

Consultation

Not applicable.

Equality and Diversity / Public Sector Equality Duty

Equality measures are monitored as part of the performance monitoring process.

Human Rights

Not applicable.

Crime and Disorder

A number of performance indicators and key actions relating to crime and disorder are continually monitored in partnership with Durham Constabulary.

Staffing

Performance against a number of relevant corporate health indicators has been included to monitor staffing issues.

Accommodation

Not applicable.

Risk

Reporting of significant risks and their interaction with performance is integrated into the quarterly performance management report.

Procurement

Not applicable.

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Altogether better



Durham County Council Performance Management Report

Quarter Three, 2018/19



ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

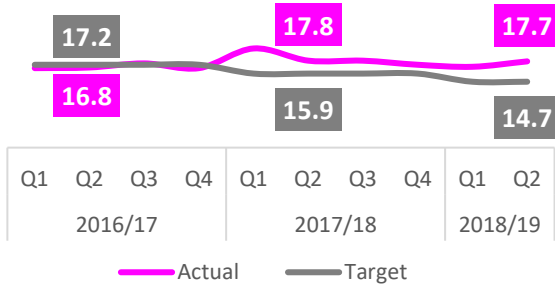
Smoking Quitters (Apr-Sep 2018)

1,104 supported to quit via SSS

Did not meet target **1,150** ✘

fewer than last year **1,315** ↓

% of mothers smoking at time of delivery



Suicide Rate (2015-17)

12 per 100,000 pop'n (166 people)

- Slight decrease since 2014-16 ↓
- Worse than England average (9.6) ✘
- Worse than NE average (10.8) ✘

Children and Young People Participation in Physical Activity

County Durham

Active **43.6%**

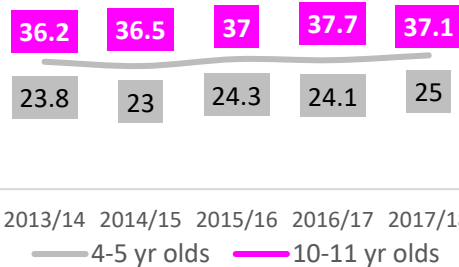
Less Active **32.6%**

England

Active **43.3%** ✓

Less Active **32.9%** ✓

% children at an unhealthy weight (based on BMI)



2013/14 2014/15 2015/16 2016/17 2017/18
 — 4-5 yr olds — 10-11 yr olds

Click [here](#) for more detailed analysis of unhealthy weight and contributing factors in County Durham.

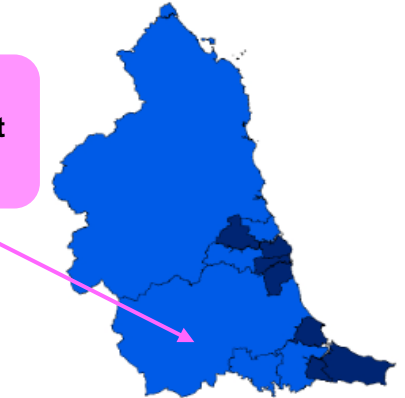


Data Academic Year 2017/18

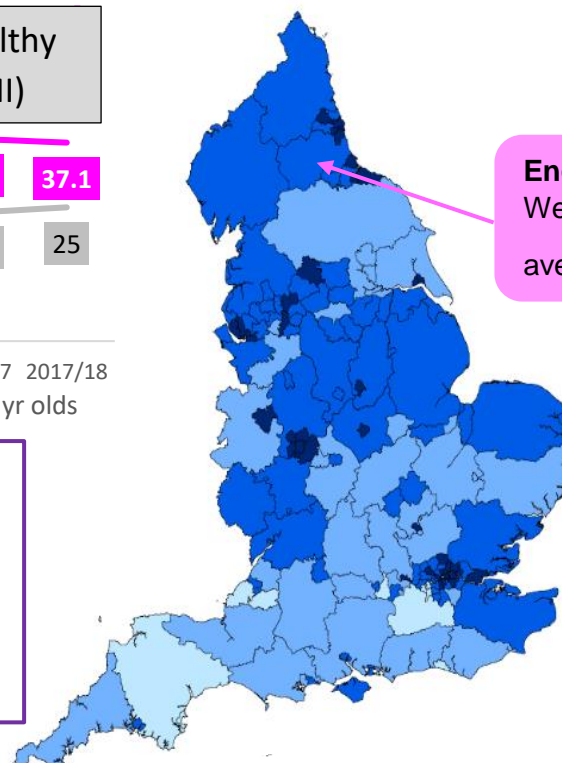
Prevalence of children aged 10-11 at an unhealthy weight (based on BMI)

Less than 28 28 to <32 32 to <38 38 and over

North East
 We are ranked **4th lowest**
 Sunderland is highest



England
 We are **worse than** England average (34.3%) ✘



Active 30 Campaign

- **139** of 256 schools (**54%**) have pledged to be more active
- Can choose to commit 10,20 or 30 minutes

Altogether Healthier

- 1 The priority theme of Altogether Healthier is structured around the following two key questions:
 - (a) Are our services improving the health of our residents?
 - (b) Are people needing adult social care supported to live safe, healthy and independent lives?

Are our services improving the health of our residents?

- 2 The Clinical Commissioning Groups (CCGs) have set up a task and finish group to reverse the recent decline in referrals to the Stop Smoking Service. The group is amending processes for Long Term Condition reviews and streamlining the referral process. We will also be working closely with County Durham and Darlington NHS Foundation Trust (CDDFT) to increase referrals from secondary care.
- 3 We have evaluated the incentive scheme to reduce smoking at the time of delivery where those who commit to quit are offered high street shopping vouchers. We found a small increase in the rates of those women who quit as part of the scheme, however the scheme has now been discontinued.
- 4 A Smoking in Pregnancy steering group has been established, based on the outcomes of a local multi-agency workshop, to achieve the regional ambition of reducing smoking in pregnancy to 6% by 2022. The first meeting was in February 2019 and focused on developing a multi-agency strategic plan for the County.
- 5 Our Adults, Wellbeing and Health Overview and Scrutiny Committee (AWHOSC) has reviewed the measures put in place by the council and its partners to improve mental health and wellbeing of residents. A Suicide Prevention Alliance Action Plan has been developed which includes an extension to the early alert system to refer family members to bereavement support post suicide. We use intelligence gathered to look at the potential of multiple suicides and plan an appropriate response.
- 6 The AWHOSC report recommends a multi-agency approach to learn from suicides, along with the flagging system for self-harm/attempted suicide across all visitors to A&E departments. The paper also calls for reviews of the referral processes to mental health services and accessibility of out-of-hours crisis provision, as well as an audit of current support within the community and voluntary sector.
- 7 Sport England has carried out the first ever Active Lives Children and Young People Survey, which shows that nationally one in three children are not active, i.e. doing less than 30 minutes of physical activity a day, which is half the amount recommended by government guidelines (this equates to 2.3 million children aged 5 to 16). The survey also found that the gap between girls' and boys' activity levels

widens from the end of primary school and there are inequalities in activity levels based on family income. A second report is due to be published in March 2019 with data about the attitudes of children and young people towards physical activity.

- 8 A range of initiatives to increase levels of physical activity and improve food that children eat are now in place. Active Durham's 'Active 30' Campaign to support schools to increase physical activity opportunities for all pupils, every school day, was launched in September 2018.
- 9 Work is being developed by the Child Poverty Action Group to address child poverty - a specific focus of the group is to address opportunity and food poverty experienced by families during school holidays throughout the year. Work is continuing with Area Action Partnerships and the voluntary sector to develop a coordinated approach to provision during 2019, and a bid for funding has been submitted (in early February) to the Department for Education's Holidays Activities with Food Programme. The outcome of the bid is expected in March.
- 10 Across County Durham, funding from the Soft Drinks Industry Levy has been used to improve school kitchen and dining environments, purchase school outdoor play equipment and develop school outdoor sports facilities. An allocation of funding has also been used for schools to bid for matched funding to develop facilities, e.g. trim trails, green gym facilities, hard court and sports hall markings, changing facilities, bike sheds and the development of school growing clubs. To date 25 primary and 12 secondary schools have taken advantage of this funding.
- 11 We are consulting, as part of the County Durham Plan until 8 March, on the Hot Food Takeaway Policy, which seeks to restrict applications for new premises within 400m of school or college buildings or in areas where the proposal would result in hot food takeaways making up more than 5% of premises.

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?



583.7

adults aged 65+
(per 100,000 population)
admitted to residential or
nursing care on a permanent
basis
(Apr-Dec 2018)

**Increase compared to
last year (533.8)**



684,681

Bed days commissioned
for 65+ in residential or
nursing care
(Apr-Dec 2018)

**Increase compared to
last year (679,583)**



2.5

Daily delayed transfers of
care, per 100,000 population
(Nov 2018)

**Better than national
(9.3) and regional (6.4)**



86.1%

of patients discharged into
reablement/ rehabilitation
services were still at home
after 91 days
(Jan-Sep 2018)

**Better than target
(85.9%)**

No. of Excess Winter Deaths

Latest data
published by Public
Health England is
available
[here](#)

**33,092
England**

Across England death rate increases by 19%
during winter months

**1,686
North East**

County Durham rate of excess winter deaths is 20.6
North East (19.5) England (21.6)

**365
Co. Durham**

In many northern European countries with much colder
weather than ours a rise of such magnitude is not observed

**County
Durham Cold
Weather Plan
2018-19 will
remain active
until 31 March**

Data - Aug 16-Jul 17

Are people needing adult social care supported to live safe, healthy and independent lives?

- 12 #NextStepHome is a County Durham Integrated Community Care Partnership campaign launched in November, it is designed to improve patient flow especially in the winter months when demand increases. It promotes the use of a 'perfect discharge' pathway, a helpful tool for both hospital and community colleagues to identify key steps in assessing patients for discharge and planning for home. By improving patient flow, we can help manage the pressure on the emergency departments, and it is hoped that by working together in this way we will be able to embed this good practice across the system for the longer term.
- 13 The County Durham Cold Weather Plan 2018/19 was activated in line with the Met Office Cold Weather Health Watch Service on 1 November 2018 and will remain active until 31 March. Elements of the plan, such as the provision of emergency accommodation and support for those who are homeless during periods of exceptionally cold weather, will be activated as needed.
- 14 Permanent admissions aged 65+ to residential or nursing care per 100,000 have risen by 9.5% when compared to the same period in 2017/18. This increase is not equally reflected in the number of bed days commissioned, which has only risen by 0.8%. The much smaller rise in bed days commissioned demonstrates that the admissions indicator's focus on the entry point into the system does not demonstrate true activity.

Key Performance Indicators – Data Tables

There are two types of performance indicators throughout this document:

- (a) Key target indicators – targets are set as improvements can be measured regularly and can be actively influenced by the council and its partners; and
- (b) Key tracker indicators – performance is tracked but no targets are set as they are long-term and/or can only be partially influenced by the council and its partners.

A guide is available which provides full details of indicator definitions and data sources for the 2017/18 corporate indicator set. This is available to view either internally from the intranet or can be requested from the Strategy Team at performance@durham.gov.uk

KEY TO SYMBOLS

	Direction of travel	Benchmarking	Performance against target
GREEN	Same or better than comparable period	Same or better than comparable group	Meeting or exceeding target
AMBER	Worse than comparable period (within 2% tolerance)	Worse than comparable group (within 2% tolerance)	Performance within 2% of target
RED	Worse than comparable period (greater than 2%)	Worse than comparable group (greater than 2%)	Performance >2% behind target

National Benchmarking

We compare our performance to all English authorities. The number of authorities varies according to the performance indicator and functions of councils, for example educational attainment is compared to county and unitary councils however waste disposal is compared to district and unitary councils.

North East Benchmarking

The North East figure is the average performance from the authorities within the North East region, i.e. County Durham, Darlington, Gateshead, Hartlepool, Middlesbrough, Newcastle upon Tyne, North Tyneside, Northumberland, Redcar and Cleveland, Stockton-On-Tees, South Tyneside, Sunderland. The number of authorities also varies according to the performance indicator and functions of councils.

More detail is available from the Strategy Team at performance@durham.gov.uk

ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
69	% of mothers smoking at time of delivery	17.7*	Jul-Sep 2018	14.7 RED	17.8 GREEN	10.5* RED	15.6* RED			Yes
70	Four week smoking quitters per 100,000 smoking population [number of quitters]	1,462.0 [1,104]	Apr-Sep 2018	1,523 [1,150] RED	1,741.4 [1,315] RED					Yes
71	Male life expectancy at birth (years)	78.0	2014-16	Tracker	78.1	79.5	77.8			No
				N/a	AMBER	AMBER	GREEN			
72	Female life expectancy at birth (years)	81.3	2014-16	Tracker	81.2	83.1	81.5			No
				N/a	GREEN	RED	AMBER			
73	Female healthy life expectancy at birth (years)	59	2014-16	Tracker	57	63.9	60.6			No
				N/a	GREEN	RED	AMBER			
74	Male healthy life expectancy at birth (years)	59.1	2014-16	Tracker	59.7	63.3	59.7			No
				N/a	AMBER	RED	AMBER			
75	Excess weight in adults (Proportion of adults classified as overweight or obese)	67.7	2016/17	Tracker	67.5	61.3	66.1			No
				N/a	AMBER	RED	AMBER			
76	Suicide rate (deaths from suicide and injury of undetermined intent) per 100,000 population	12	2015-17	Tracker	12.6	9.6	10.8			Yes
				N/a	GREEN	RED	RED			
77	Prevalence of breastfeeding at 6-8 weeks from birth	28.4	Oct-Dec 2018	Tracker	29.1	46.4	33.7		Jul-Sep 18	Yes
				N/a	AMBER	RED	RED			
78	Estimated smoking prevalence of persons aged 18 and over	14.3	2017	Tracker	17.9	14.9	16.2			No
				N/a	GREEN	GREEN	GREEN			

ALTOGETHER HEALTHIER

1. Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
79	Self-reported wellbeing - people with a low happiness score	6.9	2016/17	Tracker	11.5	8.5	8.7			No
				N/a	GREEN	GREEN	GREEN			
80	Participation in Sport and Physical Activity: active	62.9	May 17– May 18	Tracker	60.9	62.3	60.1			No
				N/a	GREEN	GREEN	GREEN			
81	Participation in Sport and Physical Activity: inactive	26.6	May 17- May 18	Tracker	24.5	25.2	28.2			No
				N/a	RED	RED	GREEN			

*provisional data

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
82	Adults aged 65+ per 100,000 population admitted on a permanent basis in the year to residential or nursing care	583.7	Apr-Dec 2018	535.5	533.8					Yes
				RED	RED					
83	% of older people who were still at home 91 days after discharge from hospital into reablement/ rehabilitation services	86.1	Jan-Sep 2018	85.9	89.5	82.9	83.9	81.8*	2017/18	Yes
				GREEN	RED	Not comparable	Not comparable	Not comparable		
84	% of individuals who achieved their desired outcomes from the adult safeguarding process	95.7	Apr-Dec 2018	Tracker	96.0	94.2		93.6*	2017/18	Yes
				N/a	AMBER	N/a		N/a		

ALTOGETHER HEALTHIER

2. Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
85	% of service users receiving an assessment or review within the last 12 months	87.1	2018	Tracker	88.8					Yes
				N/a	AMBER					
86	Overall satisfaction of people who use services with their care and support	66.6	2017/18	Tracker	63.6	65.0	67.9	66.3*		No
				N/a	GREEN	GREEN	AMBER	GREEN		
87	Overall satisfaction of carers with the support and services they receive (Biennial survey)	43.3	2016/17	Tracker	Biennial Survey	39.0	45.7			No
				N/a	N/a	GREEN	RED			
88	Daily delayed transfers of care beds, all, per 100,000 population age 18+	2.5	Nov 2018	Tracker	2.6	9.3	6.4	10.2*		Yes
				N/a	GREEN	GREEN	GREEN	GREEN		
89	% of adult social care service users who report they have enough choice over the care and support services they receive	74.9	2017/18	Tracker	73.1	68.2	72.1	69.1*		No
				N/a	GREEN	GREEN	GREEN	GREEN		

*unitary authorities

Other additional relevant indicators

ALTOGETHER BETTER FOR CHILDREN AND YOUNG PEOPLE

1. Are children, young people and families in receipt of universal services appropriately supported?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
38	Under 18 conception rate per 1,000 girls aged 15 to 17	24.6	Oct 16-Sep 17	Tracker	22.2	17.9	25.0			Yes
				N/a	RED	RED	GREEN			
39	% of five year old children free from dental decay	74.2	2016/17	Tracker	64.9	76.7	76.1			No
				N/a	GREEN	RED	AMBER			
40	Alcohol specific hospital admissions for under 18s (rate per 100,000)	56.2	2014/15-2016/17	Tracker	67.5	34.2	64.8			No
				N/a	GREEN	RED	GREEN			
41	Young people aged 10-24 admitted to hospital as a result of self-harm	400.8	2016/17	Tracker	420.8	404.6	425.3			No
				N/a	GREEN	GREEN	GREEN			
42	% of children aged 4 to 5 years classified as overweight or obese	25.0	2017/18 (Academic Year)	Tracker	24.1	22.4	25.0			Yes
				N/a	AMBER	RED	GREEN			
43	% of children aged 10 to 11 years classified as overweight or obese	37.1	2017/18 (Academic Year)	Tracker	37.7	34.3	37.5			Yes
				N/a	GREEN	RED	GREEN			

ALTOGETHER SAFER

3. How well do we reduce misuse of drugs and alcohol?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
98	% of successful completions of those in alcohol treatment	31.9	May 17-Apr 18 with rep to Oct 18	28.0 GREEN	30.3 GREEN	38.6 RED	30.7 GREEN		North East 2017	Yes
99	% of successful completions of those in drug treatment - opiates	5.3	May 17-Apr 18 with rep to Oct 18	6.0 AMBER	6.8 AMBER	6.2 AMBER	4.9 AMBER		North East 2017	Yes
100	% of successful completions of those in drug treatment - non-opiates	28.6	May 17-Apr 18 with rep to Oct 18	26.4 GREEN	27.6 GREEN	38.6 RED	25.8 GREEN		North East 2017	Yes