

JOINT HEALTH AND WELLBEING STRATEGY (JHWS) UPDATE

AMANDA HEALY
DIRECTOR OF PUBLIC HEALTH

HEALTH AND WELLBEING BOARD
21 JANUARY 2021



Better for everyone

Introduction

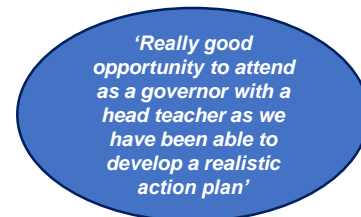
The purpose of this presentation is to provide members of the Health and Wellbeing Board with an update on some of the work taking place within the three strategic priorities in the Joint Health and Wellbeing Strategy (JHWS):

- Starting Well
- Living Well
- Ageing Well



Cutting the Cost of the School day

Key Actions:	Outcomes:
<p>Child Poverty Working Group identified addressing poverty within education settings as a key priority. Training package developed to raise awareness of child poverty across County Durham, supporting schools to:</p> <ul style="list-style-type: none">• Understand the scale and impact of child poverty• Challenge the stigma associated with living in poverty• Support schools to develop practical steps in which to cut the cost of the school day	<p>100 school staff including:</p> <ul style="list-style-type: none">• 78+ Primary Schools• 8 Secondary schools• 1 Special school• 4 Early Years settings <p>Whole school assemblies and pupil workshops about poverty awareness were delivered. Almost 90% of participants plan to use the training materials to deliver staff awareness sessions.</p>



Unintentional Injuries

Where are we now	Ongoing actions
<ul style="list-style-type: none">• A clear Unintentional injuries delivery framework and action plan is in place• A multi agency training package was commissioned in 2019 accessed by approx. 350 practitioners• Early years and Foster & Adoption received bespoke sessions. Housing colleagues were engaged in offer• The Home Environment Assessment Tool has been revised to reflect the need to identify potential hazards in the home	<ul style="list-style-type: none">• Continue to actively deliver against the actions in the plan through a system wide approach• Explicitly addressing child safety at core contacts to reduce the risks of accidental injury in the home• Additional key core contacts built upon associated ages and stages of child development should be a particular focus particularly to those identified by HV teams following attendance at A&E• A safe at home toolkit to provide increased support to vulnerable families



Mental Health Support Teams in Schools

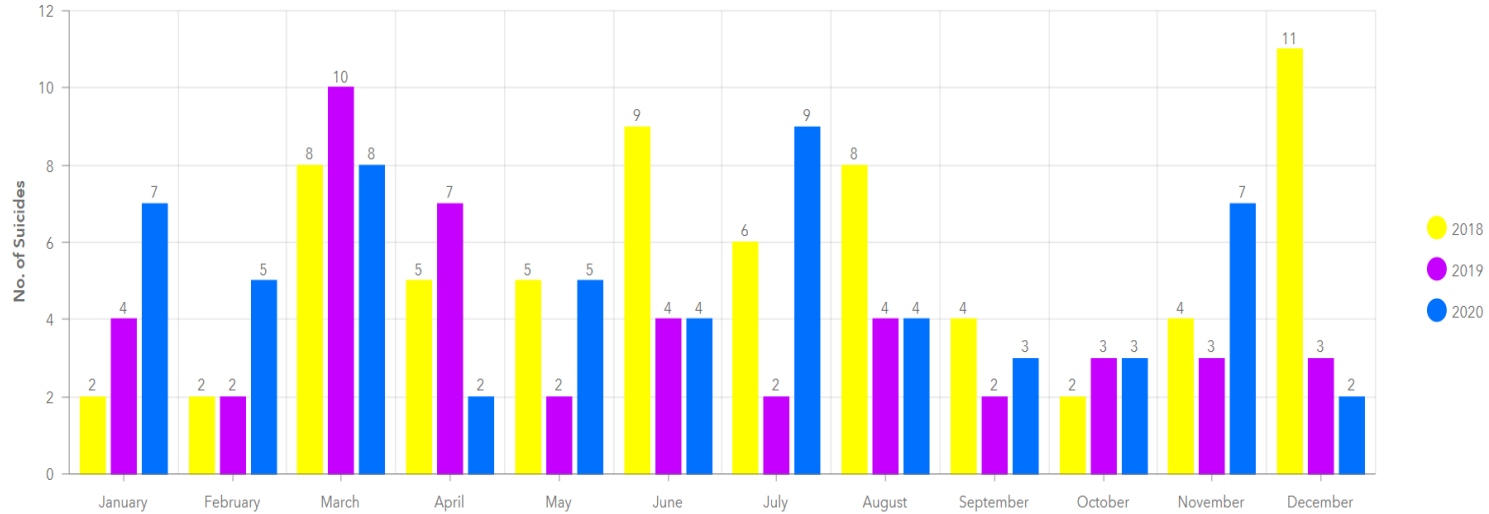
- NHSE funded 3 Mental Health Support Teams (MHSTs) in County Durham to cover approx. 80 education settings across the County via CCG
- Supported by additional PH funded posts to embed and develop integration with other key services. The posts include:
 - Educational Advisor hosted by DCC early help, inclusion and vulnerable children's team
 - CYP Peer Support Workers hosted by Investing in Children
 - SEND Emotional Resilience Nurse/Practitioner hosted by HDFT Family Health Service
 - Parent Support Navigator hosted by DCC One Point Service
- Their key role to deliver interventions via the education setting for mild to moderate mental health issue with links to specialist NHS services (CAMHS), building on and increase support already in place
- They work as part of an integrated system within CYP Mental Health services with governance and accountability provided through the CYP Mental Health Local Transformation Partnership Group
- The Mental Health Support Teams have continued to deliver during the pandemic



Suicide Prevention - Real Time Suicide Data Surveillance

Monthly data

Suicides by Month and Year:



[Click on bar to see suicide details for that month in suicide details box to the right...](#)

Last update: a few seconds ago



Better for everyone

Tobacco Control

- Smoking prevalence in County Durham is 17%, higher than both the regional and national prevalence
- Fresh were a leading partner in the national #QuitforCovid campaign (May 2020) and Don't Wait (June 2020).
- ABL new provider for specialist stop smoking service transitioned during COVID-19
- Smokefree County Durham moved to an electronic Nicotine Replacement Therapy (NRT) voucher system.
- In Quarter 1 378 people quit at 4 weeks and a further 308 in Quarter 2



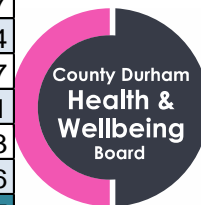
Social Prescribing Link Worker Activity

Table 1. SPLW Data Breakdown Totals (January - August 2020)

Total number of all assessments carried out by SPLW (inc COVID)	2476	
Conversion to plan	2229	90%
Total number of contacts undertaken by SPLW	8414	
Total number of SPLW assessments carried out by SPLW	448	
Conversion to plan	313	70%

Table 2. SPLW Data Breakdown per PCN (2019/2020)

PCN	Jan	Feb2	Mar	April	May	June	July	Aug	Sept	Total
SPLW Chester Le Street	0	2	66	13	12	15	11	15	11	145
SPLW Derwentside	0	0	0	8	3	13	9	12	27	72
SPLW Durham East	1	1	30	274	197	10	9	3	7	532
SPLW Durham West	0	2	7	8	25	14	7	27	7	97
SPLW Easington Central	1	7	14	131	110	20	35	100	86	504
SPLW Easington District	0	0	32	394	12	7	7	9	56	517
SPLW Easington North	0	0	12	45	10	10	17	36	11	141
SPLW Sedgefield 1	0	0	6	46	4	4	8	3	12	83
SPLW Sedgefield 2	0	0	29	552	78	9	12	16	20	716
Total	2	12	196	1471	451	102	115	221	237	2807



Physical activity and workplace health

Physical activity strategy

- Work ongoing in the development of a draft physical activity strategy to help tackle physical inactivity across County Durham.
- The strategy has been aligned to the County Durham Vision to highlight how physical activity contributes towards the delivery of the vision objectives.
- Draft presented to the County Durham Physical Activity Strategy Board. Proposed next steps is a period of stakeholder engagement to seek feedback on the strategic approach.

Healthy businesses

- The 'Framework for good workforce mental health in County Durham businesses' was authorised by the Health and Wellbeing Board in November 2020.
- The framework will be launched early 2020/21 as part of the mental health winter campaign
- The County Durham Employee Assistance Programme (EAP) and Mental Health Training Hub are now operational.



Conclusion

- This presentation provides an overview of some of the work taking place within the strategic priorities in the Joint Health and Wellbeing Strategy.
- Regular updates will be provided to the Health and Wellbeing Board.

