

**Adults, Well-being and Health
Overview and Scrutiny Committee**

1 October 2021

**Quarter One, 2021/22
Performance Management Report**

Ordinary Decision



Paul Darby, Corporate Director of Resources (Interim)

Electoral division(s) affected:

Countywide.

Purpose of the Report

- 1 To present an overview of progress towards achieving the key outcomes of the council's corporate performance framework and highlight key messages to inform strategic priorities and work programmes.
- 2 The report covers performance in and to the end of quarter one, April to June, 2021.

Performance Reporting

- 3 The performance report is structured around the three components.
 - (a) High level state of the County indicators to highlight areas of strategic significance. These are structured around the [County Durham Vision 2035](#).
 - (b) Council initiatives of note against the ambitions contained within the vision alongside a fourth 'excellent council' theme contained within our [Council Plan](#)¹.
 - (c) A long list of key performance indicators against the themes of the Council Plan.
- 4 It also includes an overview of the continuing impact of COVID-19 on council services, our staff, and residents.

¹ approved by full council October 2020

Long and Independent Lives

- 5 We are continuing to support people to live longer healthy lives. Focused activity across mental and physical well-being, physical activity for children, smoking quitters (particularly pregnant women and new mothers) and breastfeeding is continuing to make a difference to the lives of our residents. The number of teenage conceptions continued to fall during the quarter.
- 6 As a positive picture emerges from our health services, with high vaccination rates in our care homes and across our communities, we are now able to consider the longer-term health consequences of COVID-19. We are concerned that many residents are suffering long-lasting symptoms of COVID-19 (Long-COVID) and many more have suffered impacts on their mental wellbeing, gained weight and become more inactive.

The impact of COVID-19

- 7 The COVID-19 pandemic has caused an unprecedented health emergency across the globe. [Restrictions](#) to contain the virus, minimise deaths and prevent health and social care systems being overwhelmed remain in place, and are continuing to impact our everyday lives, our health and the economy.
- 8 However, roll-out of the UK's vaccination programme, which has reduced both hospital admissions and deaths, has allowed the government to implement plans for a [gradual and phased route out of lockdown](#).
- 9 Working with government organisations and within the context of national developments, we continue to protect our communities, support those affected by the pandemic, and develop plans for future recovery.
- 10 The COVID-19 surveillance dashboard can be accessed [here](#).

Risk Management

- 11 Effective risk management is a vital component of the council's agenda. The council's risk management process sits alongside our change programme and is incorporated into all significant change and improvement projects. The latest report can be found [here](#).

Recommendation

- 12 That Adults, Well-being and Health Overview and Scrutiny Committee considers the overall position and direction of travel in relation to quarter one performance, the impact of COVID-19 on performance, and the actions being taken to address areas of underperformance including the

significant economic and well-being challenges because of the pandemic.

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Appendix 1: Implications

Legal Implications

Not applicable.

Finance

Latest performance information is being used to inform corporate, service and financial planning.

Consultation

Not applicable.

Equality and Diversity / Public Sector Equality Duty

Equality measures are monitored as part of the performance monitoring process.

Climate Change

We have declared a climate change emergency and consider the implications of climate change in our reports and decision-making.

Human Rights

Not applicable.

Crime and Disorder

A number of performance indicators and key actions relating to crime and disorder are continually monitored in partnership with Durham Constabulary.

Staffing

Performance against a number of relevant corporate health indicators has been included to monitor staffing issues.

Accommodation

Not applicable.

Risk

Reporting of significant risks and their interaction with performance is integrated into the quarterly performance management report.

Procurement

Not applicable.



Durham County Council Performance Management Report

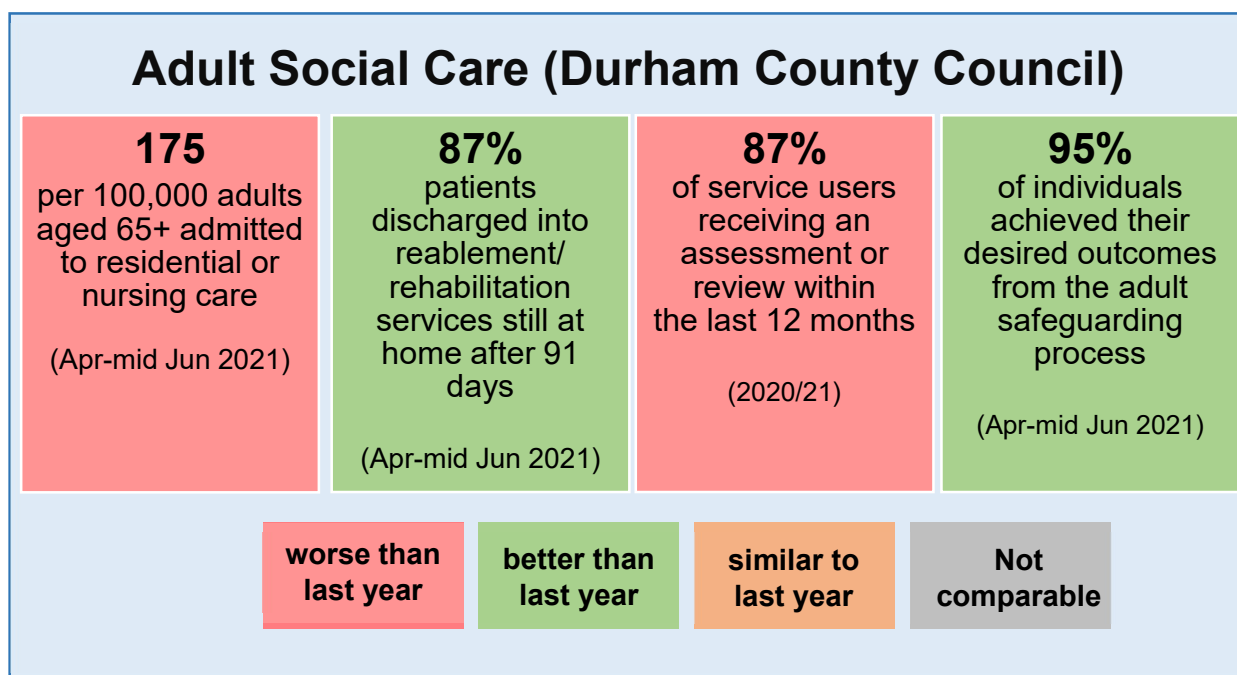
Quarter One, 2021/22



Long and Independent Lives

- 1 The ambition of Long and Independent Lives is linked to the following key objectives:
 - (a) County Durham will have a physical environment that will contribute to good health;
 - (b) We will promote positive behaviours;
 - (c) Health and social care services will be better integrated;
 - (d) People will be supported to live independently for as long as possible by delivering more homes to meet the needs of older and disabled people;
 - (e) We will tackle the stigma and discrimination of poor mental health and build resilient communities.

National, Regional and Local Picture



- 2 During quarter one, permanent admissions to residential and nursing care are almost twice the number seen in the same period last year. However, it should be noted that that admissions 12 months ago were significantly lower due to the pandemic. The latest data for permanent admissions are only slightly less than two years ago (pre-COVID), suggesting that public confidence in care homes is returning.
- 3 Latest data for the percentage of older people remaining at home 91 days after discharge from hospital into reablement services are the highest (86.7%) for almost two years and significantly higher than the figure from the same period last year (82.6%). This percentage has continued to rise during the pandemic.

- 4 Recently published data from the Active Lives survey (November 2019 to November 2020) clearly reflect the impact of the pandemic on people's ability to take part in sport and physical activity. In line with the national trend, reported levels of 'inactivity' increased over that period, which unfortunately has an impact on the gradual gains made over the last five years. With regard to 'active' participation (150+ minutes a week), we remain relatively static (at 60.6%) compared to the previous 12 months and just below the national average (61.4%).

Council Services

- 5 The breastfeeding action plan has been reviewed, with a refreshed multi-agency action plan being developed, linking into the regional work being undertaken by the Local Maternity System (LMS). Key actions in the plan include:
- developing a suite of videos which can be shared via social media to raise awareness of the support available for those choosing to breastfeed;
 - exploring the potential to develop a targeted mass marketing campaign focused on changing societal attitudes and beliefs to breastfeeding, which is jointly funded by key partners;
 - developing a joint communication plan with key partners to deliver significant messages via social media platforms in line with the agreed 'call to action';
 - reviewing the scope of the Infant Feeding Team, taking into account national and regional best practice as part of standard commissioning processes;
 - working with the Pioneering Care Partnership to make the Breastfeeding Friendly County Durham accreditation scheme part of the silver level Better Health at Work Award;
 - conducting focus groups in targeted areas of the county to obtain insights from mothers and families on barriers and experiences of feeding choices in County Durham;
 - a deep dive by Harrogate and District NHS Foundation Trust to explore the specific details behind feeding decisions - the outcome will be used to identify barriers and opportunities, to improve service delivery.
- 6 The council continues to support the Active 30 campaign including help with resource development, communications, and increasing physical activity in schools and communities. By June 2021, 76 schools had pledged to work with the programme.
- 7 Feedback from the Children and Young People's Transformation Partnership (LTP) identified difficulties for professionals, adults and families when navigating the support services available in County Durham to support mental health and emotional well-being.

- 8 Following this feedback, the council has developed guides for adults and children and young people known as 'rainbow resources'. The interactive guides promote and signpost the services available across County Durham to support mental health and emotional well-being.
- 9 The rainbow guides were widely promoted and cascaded to internal and external partners and were positively received. Feedback from partners and service users was excellent. Several iterations of these resources have been produced and utilised to support the COVID-19 response and recovery agenda.

Promoting positive behaviours

- 10 Tobacco control continues to be a priority for action, with links to poverty, second-hand smoke / smoke free housing, mental health and tobacco dependency in pregnancy proposed as priorities during 2021/22.
- 11 The most recent quarterly data (2019) highlight a continuing trend of reduction in teenage conceptions, with County Durham (18.7) below the North East average (19.3) but still greater than England (14.1). Over the last twelve months, work to reduce under-18 conceptions has included the following innovative practice:
 - online access to C Card²;
 - increased access to online testing / sexual health advice and guidance;
 - delivery of sexual health / C Card packs to young people who are at risk;
 - remote delivery to young people (and parents) of programmes which support them in remaining sexually healthy.
- 12 The COVID Awareness Team supported staff from the Cabinet Office at a roadshow at the Arnison Centre to pass out key messages and speak to local people about testing, vaccinations and general COVID-19 information. The Awareness Team are also supporting the COVID vaccine bus around the county.

Better integration of health and social care services

- 13 The new 'County Durham Care Partnership Executive' arrangements to further integrate health and social care services came into place in April 2021. This will stand County Durham in good stead for the proposals outlined in the Health and Social Care white paper relating to integrated care systems coming into force. The County Durham Clinical Commissioning Group will cease to exist on 1 April 2022. Health and Well-being Boards will continue to have a leadership role at the

² The C Card scheme is aimed at young people between 13-24 years old who can register to get a range of free condoms, femidoms, lube, dams, information and advice. The aim of the service is to promote reproductive and sexual health and help young people to access local services.

place-based level in these new arrangements to represent the views/plans of County Durham.

- 14 During the pandemic, data for the indicator outlining the percentage of service users receiving an assessment or review in the previous 12 months increased, which demonstrates that frontline social care teams were able to improve the timeliness of care package reviews for clients. However, latest data, is similar to that saw pre-COVID.

Physical environment that will contribute to good health

- 15 Discussions with key stakeholders are ongoing regarding Play Streets.³ Public Health presented the initiative to the Community Action Team (CAT) working in South Moor for a 12 week period, to consider piloting it in this area, as partners and the community are already engaged. As a result, community meetings will take place on 23 and 27 August, with support from CAT partners.
- 16 A draft strategic framework and strategy has been developed for the Physical Activity Strategy Committee (PASC). The committee has agreed to the formation of a task and finish group to engage key stakeholders, map the local system, assets and gaps in provision, establish priority areas of intervention and agree areas for collaboration, to develop a whole systems action plan to increase levels of physical activity across the life course in County Durham. The updated Physical Activity Strategic Framework will be published in September 2021.
- 17 In March 2021, the government announced funding to help people living with excess weight and obesity to lose weight and maintain healthier lifestyles. Durham County Council received £545,000 to be spent during 2021/22, for the commissioning of tier 2 weight management services, which are multi-component programmes addressing dietary intake, physical activity, and behaviour change. Following focused discussion with key public health stakeholders and partners, it was agreed to target a very specific population group linked to perioperative care⁴ and 'The Well-Being for the Time Being programme'. Discussions are ongoing with a potential provider, for the service to start in September 2021.
- 18 The Self Harm Task and Finish group has worked with key stakeholders to identify current provision in relation to self-harm and to identify barriers in the identification and support offered to children and young people and families across the mental health system. A number of workshops were conducted, which

³ a scheme which enables streets to be closed to through traffic for 2-3 hours, creating a safe space for children and families to play.

⁴ Perioperative care, also referred to as perioperative medicine, is the practice of patient-centered, multidisciplinary and integrated medical care of patients from the moment of contemplation of surgery until full recovery.

found gaps in relation to professionals' confidence and an understanding of the scale of the issue in County Durham. In response, the Practitioners Toolkit was updated to reflect current guidance, the guidance for schools was updated and rolled out, and training was conducted via the Emotional Well-being Locality Forums to increase practitioner confidence.

Tackling the stigma of poor mental health and building resilient communities

- 19 The council, in conjunction with the County Durham Time to Change Hub, promoted Mental Health Awareness Week during May 2021. The theme was 'Nature', which provided an opportunity to promote the mental health and well-being benefits of being out and about, taking advantage of various locations across the county. The campaign centred around the 'Five Ways to Well-being' and focused on a separate topic each day.

Key Performance Indicators – Data Tables

There are two types of performance indicators throughout this document:

- (a) Key target indicators – targets are set as improvements can be measured regularly and can be actively influenced by the council and its partners; and
- (b) Key tracker indicators – performance is tracked but no targets are set as they are long-term and/or can only be partially influenced by the council and its partners.

A guide is available which provides full details of indicator definitions and data sources for the 2020/21 corporate indicator set. This is available to view either internally from the intranet or can be requested from the Strategy Team at performance@durham.gov.uk

KEY TO SYMBOLS

	Direction of travel	Benchmarking	Performance against target
GREEN	Same or better than comparable period	Same or better than comparable group	Meeting or exceeding target
AMBER	Worse than comparable period (within 2% tolerance)	Worse than comparable group (within 2% tolerance)	Performance within 2% of target
RED	Worse than comparable period (greater than 2%)	Worse than comparable group (greater than 2%)	Performance >2% behind target

National Benchmarking

We compare our performance to all English authorities. The number of authorities varies according to the performance indicator and functions of councils, for example educational attainment is compared to county and unitary councils however waste disposal is compared to district and unitary councils.

North East Benchmarking

The North East figure is the average performance from the authorities within the North East region, i.e., County Durham, Darlington, Gateshead, Hartlepool, Middlesbrough, Newcastle upon Tyne, North Tyneside, Northumberland, Redcar and Cleveland, Stockton-On-Tees, South Tyneside, Sunderland.

More detail is available from the Strategy Team at performance@durham.gov.uk

LONG AND INDEPENDENT LIVES

Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	updated this quarter
34	% of mothers smoking at time of delivery	15.0	Jan-Mar 2021	14.7 (amber)	16.6 (green)	8.9 (red)	12.8 (red)	13.4 (red)		Yes
35	Four week smoking quitters per 100,000 smoking population	1,789 [1,335]	Apr-Dec 2020	Tracker	2,356 [1,540] (red)	1,140 (green)	1,507 (green)	1,944 (red)		Yes
36	Male life expectancy at birth (years)	78.3	2017-19	Tracker	78.2 (green)	79.8 (amber)	78.0 (green)	78.3 (green)		No
37	Female life expectancy at birth (years)	81.8	2017-19	Tracker	81.5 (green)	83.4 (red)	81.8 (green)	82.0 (amber)		No
38	Female healthy life expectancy at birth (years)	58.3	2017-19	Tracker	58.4 (amber)	63.5 (red)	59.0 (amber)	61.0 (red)		No
39	Male healthy life expectancy at birth (years)	59.6	2017-19	Tracker	59.3 (green)	63.2 (red)	59.4 (green)	60.5 (amber)		No
40	Excess weight in adults (Proportion of adults classified as overweight or obese)	64.8	2019/20	Tracker	63.3 (red)	62.8 (red)	67.6 (green)	69.6 (green)		Yes
41	Suicide rate (deaths from suicide and injury of undetermined intent) per 100,000 population	13.4	2017-19	Tracker	12.8 (red)	10.1 (red)	11.6 (red)	12.3 (red)		No
42	Prevalence of breastfeeding at 6-8 weeks from birth (%)	30.2	Jan-Mar 2021	31.8 (amber)	25.9 (green)	48.2 (red)	36.0 (red)	34 (red)	Q3 2019/20	No
43	Estimated smoking prevalence of persons aged 18 and over	17.0	2019	Tracker	15.0 (red)	13.9 (red)	15.3 (red)	15.2 (red)		No
44	Self-reported well-being - people with a low happiness score	10.9	2019/20	Tracker	9.5 (red)	8.7 (red)	10.6 (amber)	9.6 (red)		No
45	Participation in Sport and Physical Activity: active	60.6%	Nov 2019-Nov 2020	Tracker	59.9% (amber)	61.4% (amber)	60% (amber)			Yes
46	Participation in Sport and Physical Activity: inactive	30.1%	Nov 2019-Nov 2020	Tracker	28% (red)	27.1% (red)	28.9% (amber)			Yes

Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	updated this quarter
47	Adults aged 65+ per 100,000 population admitted on a permanent basis in the year to residential or nursing care	175.0	1 Apr-16 Jun 2021	N/a	97.0 (red)					Yes
48	% of older people who were still at home 91 days after discharge from hospital into reablement/rehabilitation services	86.7	1 Apr-16 Jun 2021	N/a	82.6 (green)	82.0 (green)	83.5 (green)	80.3* (green)	2019/20	Yes
49	% of individuals who achieved their desired outcomes from the adult safeguarding process	95.1	1 Apr-16 Jun 2021	Tracker	94.5 (green)	92.2 (green)	85.4 (green)	92.1* (green)	2019/20	Yes
50	% of service users receiving an assessment or review within the last 12 months	86.7	2020/21	Tracker	93.2 (red)					Yes
51	Overall satisfaction of people who use services with their care and support	69.6	2019/20	Tracker	67.8 (green)	64.2 (green)	67.5 (green)	66.2* (green)		No
52	Overall satisfaction of carers with the support and services they receive (Biennial survey)	51.2	2018/19	Tracker	43.3** (green)	38.6 (green)	47.2 (green)	41.8* (green)		No
53	Daily delayed transfers of care beds, all, per 100,000 population age 18+	2.9	Feb 2020	Tracker	1.5 (red)	11.0 (green)	7.0 (green)	11.0* (green)		No
54	% of adult social care service users who report they have enough choice over the care and support services they receive	77.6	2019/20	Tracker	75.1 (green)	66.6 (green)	73.0 (green)	69.2* (green)		No

*unitary authorities

** results from 2016/17 survey

Other additional relevant indicators

LONG AND INDEPENDENT LIVES

Are children, young people and families in receipt of universal services appropriately supported?

Ref	Description	Latest data	Period covered	Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	updated this quarter
24	% of free school meals (FSM) eligible pupils taking FSM	76.0	Jan 2021	Tracker	75.8 (green)	82.6 (red)	82.6 (red)			Yes
25	Under-18 conception rate per 1,000 girls aged 15 to 17	26.4	2018	Tracker	23.7 (red)	16.7 (red)	24.9 (red)	25.0 (red)		No
26	% of five year old children free from dental decay	73.2	2019	Tracker	74.2 (amber)	76.6 (red)	76.7 (red)	71.7 (green)		No
27	Alcohol specific hospital admissions for under 18s (rate per 100,000)	52.8	2017/18-2019/20	Tracker	54.7 (green)	30.7 (red)	55.4 (green)	55.3 (green)		No
28	Young people aged 10-24 admitted to hospital as a result of self-harm (rate per 100,000)	361.2	2019/20	Tracker	354.3 (red)	439.2 (green)	536.6 (green)	656.3 (green)		No
29	% of children aged 4 to 5 years classified as overweight or obese**	24.9	2019/20	Tracker	24.0 (red)	23.0 (red)	24.8 (amber)	25.0 (green)		No
30	% of children aged 10 to 11 years classified as overweight or obese**	37.6	2019/20	Tracker	37.7 (green)	35.2 (red)	37.5 (amber)	37.2 (amber)		No

**The National Child Measurement Programme ended in March 2020 when schools closed due to the COVID-19 pandemic. Comparisons to North East and Nearest Statistical Neighbours should be treated with caution as not all submitted of their measurements.

CONNECTED COMMUNITIES – SAFER

How well do we reduce misuse of drugs and alcohol?

Ref	Description	Latest data	Period covered	Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	updated this quarter
85	% of successful completions of those in alcohol treatment	33.6	May 2021-Apr 2021	Tracker	29.6 (green)	35.2 (amber)	31.2 (green)			Yes
86	% of successful completions of those in drug treatment - opiates	5.3	May 2021-Apr 2021	Tracker	5.6 (amber)	4.8 (green)	3.9 (green)			Yes
87	% of successful completions of those in drug treatment - non-opiates	36.5	May 2021-Apr 2021	Tracker	29.6 (green)	32.5 (green)	27.3 (green)			Yes