

# Children & Young People OGIM - 2021

## Why change is needed

We recognise that variations in health and wellbeing outcomes can be significantly impacted by the cross-cutting nature of vulnerability and the conditions and family circumstances into which children are born, grow, learn and develop.

### Best Start in Life

- We need to ensure that children have the best start in life and prevent ill health wherever possible, reducing health inequalities by prioritising protective factors and providing the appropriate level of help and support as early as possible.

### Prevention and Early Help

- The current healthcare system for children and young people can often feel disjointed.
- The CYP Workforce across the wider system needs to review training and development approaches to be intelligence led, remove organisational barriers, avoid duplication, and provide efficient and sustainable integrated multi-disciplinary approaches.
- To embed a trauma informed "Think Family" approach to ensure services consider the impact of adverse childhood experiences on the health and wellbeing outcomes of CYP.
- Reduce levels of risk and build on protective factors using a strength-based approach to mental health and emotional wellbeing in County Durham.

### Integration

- To provide a sustainable integrated approach to service support and delivery which involves communities, voluntary organisations and the wider health and care system which will support Children and Young people and families from birth and as they move into adulthood.

### Transitions through Education and to Adulthood

- Children and Young people and their families have outlined that they need better transition planning at all transition points with more integrated pathways and approaches to their care that prioritises continuity.

## Objectives

- To embed an integrated, child and family centred approach to the delivery of high-quality services which delivers optimal outcomes, reduces health inequalities and is responsive and reflective to changes.

## Goals

### Best Start in Life

- Ensure that every child has the best start in life:
  - Increasing Breastfeeding Rates and deliver targeted community approaches to increase both breast feeding initiation and continuation to reduce the gap between County Durham and England breast feeding rates and reduce inequality
  - For our youngest children to have a significant and sustained reduction of A&E attendances and hospital admissions caused by unintentional Injuries by embedding the unintentional injuries framework for County Durham
- Improving Speech and Language and Communication through the provision of evidence based assessment (Early Language Identification Measure), early intervention and therapies and the development of integrated pathways
- To embed the "Think Family approach" into all relevant assessment processes for children and families and apply professional curiosity that considers life through the eyes and voice of the child as well as taking a trauma informed approach to the impact of adverse childhood experiences.

### Prevention and Early Intervention

- All Children and Young People, regardless of their need or vulnerability, will be able to access high quality, age appropriate, support, advice and care that meets their physical and mental health and emotional wellbeing needs (right practitioner, right place, right time).
- To provide innovative access to support and deliver services through the enhancement of a digital offer to reflect learning from new approaches during Covid.
- To actively reduce inequality of access to health services impacted by wider social determinants
- Ensure Children, Young People and vulnerable adults are safeguarded and protected from harm
- Ensure Children and Young People, their families and their carers are engaged in the development and co-production of services.

### Transitions through Education and to Adulthood

- Children and Young People will be supported throughout their transition process into adulthood
- Pathways will support young people to have a planned, informed, coordinated and safe transition into adult services

## COVID – 19

- In the short-term services have made changes to delivery where required to use appropriate virtual technology to deliver services safely.
- Face to face visits maintained where clinically indicated and to safeguard CYP
- Services have interpreted national and local guidance to deliver services in a safe and appropriate manner
- In accordance with the above point this has involved the use of RAG ratings on individual cases where appropriate in some services.
- Closer working across organisational boundaries, such as mental health and social care
- The relaxation of the data sharing GDPR regulations allowed for considerably improved co-ordination and system-wide working so that services could support each other.
- In the Medium-Term services will seek to apply face to face meetings where it is safe and appropriate to do so with National Guidance. It is recognised that not all services need to be delivered in that way and accordingly service reviews will seek to apply the most appropriate delivery methods on a service-by-service basis.
- Service reviews (including the use of Covid High Impact Assessments) will seek to ensure that any changes to service delivery will deliver equity of access to all children and their families, and to ensure any moves towards a more virtual approach do not lead to a lack of provision for those children and families who do not have access to the requisite technology or for whom such an approach is not appropriate.
- Services will work in an integrated and joined up way and for those services who are able to provide face to face delivery a “Make Every Contact Count “approach will ensure that appropriate sharing of information with other services is undertaken.
- All services will continue to work in an integrated way as potential Covid related disruption to services (local lockdown or school closures) occurs.
- The long-term plan will be to have full-service provision, as per pre Covid-19, but elements may be delivered differently when the learnings from the short and medium term have taken place. It is recognised, for example, that as a result of services having more limited access to children in the last year issues around safeguarding have arisen,
- Services will deliver a co-produced approach to as well as ensuring equity of access through robust service reviews and data analysis. In this way we will deliver services that are child and family centred.

## Triple Aim Outcome Measures

Health Outcomes	Patient Experience Outcomes	Workforce Outcomes
<p><b>1. Best Start in Life</b></p> <p>Reduction in the number of children who are very overweight through the delivery of a system wide approach focusing on achieving a Healthy weight for Children and Young People by Reception</p>	<p><b>1. Best Start in Life</b></p> <p>Reduction in the number of very young children coming into the care of the Local Authority.</p>	<p><b>1. Best Start in Life</b></p> <p>Training all relevant multi-agency staff in the delivery of Trauma informed care</p>
<p><b>2. Prevention and Early Intervention</b></p> <p>Children who have speech language and communication needs are identified at the earliest opportunity and supported appropriately to promote school readiness and a good level of development (GLD) as they enter Key Stage 1 and beyond.</p>	<p><b>2. Prevention and Early Intervention</b> Empowering and increasing confidence and resilience for parents and carers to support their children’s health and wellbeing including managing childhood illnesses and mental health and emotional wellbeing needs</p>	<p><b>2. Prevention and Early Intervention</b></p> <p>Upskilling all staff and Skills Matrix in the Making Every Contact Count Agenda</p>
<p><b>3. Transition to Adulthood</b></p> <p>Children with vulnerabilities including children who are looked after, care leavers and those children with special educational needs have continuity of care that meets their needs.</p>	<p><b>3. Transition to Adulthood</b></p> <p>Transition pathways are co-produced and co-designed with young people in accordance with their needs.</p>	<p><b>3. Integration</b></p> <p>To illustrate a consistent and measurable improvement in self- evaluated monitoring of integration withing the Commissioning team.</p>

## Initiatives

Project Gantt Chart	20/21	21/22	22/23	23/24	24/25	BRAG
<b>1. Health Inequalities</b>						
Reduce unwarranted variation in the uptake of the Childhood Immunisation Programme						
Review and redesign CYP pathways to consider a whole system approach to meet the CYP needs.						
Ensure shared decision making that involves CYP in the design and development of services that recognise the different needs of geographical communities						
Communication and engagement strategies are established that reflect the needs of CYP including those up to the age of 25 years old in line with the NHS plan						
<b>2. Health Behaviours (Alcohol, Tobacco, Nutrition and Physical Activity)</b>						
All organisations to prioritise reducing tobacco dependency in pregnancy. Trusts to include as a clinical priority and all organisations to change the narrative to a one of addiction.						
Changing the social norm of breastfeeding by implementing the call to action. Including County Durham to become BF friendly.						
Increase breast feeding rates (up to 64.8%) in mothers initiating breast feeding & sustaining at 6-8 week by 2020/21						
Deliver a whole system unintentional injuries strategy to reduce accidents in the home and to see a significant and sustained reduction in the hospital admission rate for injuries in children 0-14						
Implement the whole system approach to obesity as laid out in the County Durham healthy weight framework						
<b>3. Personalised Care</b>						
Working with families and young people to deliver appropriate and timely person centred approaches to meet individual needs and considers a think family and trauma informed approach						
Ensure young people have choice, control and freedom over their lives and their voice is heard and reflected in their education health care plan where appropriate (SEND)						
<b>4. Mental Health and Learning Disabilities</b>						
Review the Education Health and Care opportunities for children and their families on the autistic spectrum and implement recommendations to improve outcomes						
Develop a transition pathway for young people with mental health issues including CYP with complex issues including autism and learning difficulties.						
Increase resilience of young people by promoting protective factors for MHEWB as reflected in the CYP local transformation plan and mental health OGIM						
<b>5. Children</b>						
That Children and Young Peoples Voice / through the eyes of the child is included in all service KPIs						
There are sufficient support and accommodation options to ensure that the placement of all children looked after are the most appropriate available to meet the child's needs						
<b>6. Digital</b>						
Review service provision to provide a menu of digital options to access services that meets the needs of CYP (consider learning from Covid business continuity)						
Ensure high quality data and intelligence is shared across Education, Health and Care to inform and improve services with joint KPIs where appropriate						
<b>7. Finance</b>						
Work as part of the integrated care partnership to scope shared resources to improve quality, efficiencies and better outcomes for CYP						
<b>8. Integration</b>						
Identify opportunities to further strengthen and integrate children's therapies services across the County and implement those opportunities						
Review children's equipment processes to improve current pathways and review the potential of joint commissioning/pooled budgets for children's equipment						
Develop and implement the early help and think family place-based approach to better connect community and public resources.						
Embed and maintain a joint commissioning cycle that improves access to integrated support in Education, Health and Care (SEND)						
Scoping exercise to be carried out to clarify cohorts, review transitions arrangements and build a multi-agency offer (Transitions)						
<b>9. Cultural Change</b>						
Improve engagement with children and young people, parents and carers to inform policy and service quality of all services including SEND.						
All services encouraged to empower communities to improve their own health and wellbeing through the application of the County Durham approach to wellbeing principles						