

Ageing Well Health Needs Assessment

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Better for everyone



Age Friendly Cities Framework

1. Information and Advice
2. Transport
3. Respect and Social Isolation
4. Social participation
5. Housing and neighbourhoods
6. Outdoor spaces and buildings
7. Economic activity and civil engagement
8. Health and wellbeing



Key Findings

- ***Information and Advice*** - availability of information and alternative information formats
- ***Transport*** - Accessibility of information and services especially those living in rural areas
- ***Respect and Social Isolation*** - importance of viewing ageing in a positive light, and the effects of Covid-19 pandemic.



Key Findings

- ***Social participation*** - role of co-production, intergenerational activity, volunteering and health literacy.
- ***Housing and neighbourhoods*** - availability of suitable local housing close to family members, specific support for older tenants
- ***Outdoor spaces and buildings*** - importance of making outdoor spaces and buildings 'age-friendly, combatting anti-social behaviour, climate change effects on older people



Key Findings

- ***Economic activity and civil engagement*** - effects of the rising costs of living and fuel poverty, age-friendly employment opportunities.
- ***Health and wellbeing*** - helping people with long-term conditions to live their lives in better health and the need for services (e.g. sexual health, stop smoking and domestic violence) to meet the needs of people aged over 50.



Recommendations

- a) Implement an Ageing Well Strategic Group representing all system partners alongside an affiliated action plan.
- b) The Ageing Well Action Plan should work to reduce ageism and stigmatisation towards older people.
- c) Recognise areas highlighted, but not specifically targeted, with in this HNA that may require further bespoke work.



Recommendations

- d) Increase availability of data at the 50 plus age-group level
- e) Develop Public Health Guidance on key areas identified within the HNA to consider under the Age Section on any equality impact assessments, or comprehensive assessments undertaken across the wider system.

These over-arching key recommendations are supported with further actions cited under the eight priority area themes of the WHO Age-Friendly Cities Framework.

