



Michael Laing, Interim Corporate Director of Adult and Health Services, DCC

Amanda Healy, Director of Public Health, DCC

Electoral division(s) affected:

Countywide

Purpose of the Report

- 1 The purpose of the report is to inform the Health and Wellbeing Board (HWB) of the forthcoming presentation on Mental Health, Wellbeing and Resilience in County Durham.

Executive summary

- 2 Mental health, wellbeing and resilience is a priority for the Health and Wellbeing Board. The Joint Local Health and Wellbeing Strategy (JLHWS) outlines the priorities for improvement:
 - Improving the mental health of children and young people.
 - Suicide prevention.
 - Developing robust system responses for urgent and emergency mental health care.
 - Develop and implement a consistent dementia strategy.
 - Resilient communities.
 - Deliver and embed new transformed models of care for adults with serious mental health issues.
- 3 The Mental Health Strategic Partnership (MHSP) provides strategic co-ordination and leadership for the mental health agenda across County Durham and is accountable for the delivery of the Mental Health and Wellbeing Action Plan. It is also responsible for the engagement, consultation and involvement of people who use mental health services and carers to support the work of the Health and Wellbeing Board.
- 4 The presentation will be introduced by Yusuf Meah, Public Health Advanced Practitioner. The leads for each of the priority areas will then provide an update on the data, the evidence base, progress, challenges and next steps, including, where possible, insight and local voices.

- 5 The presentation will conclude with what are the steps for the year ahead including asking board members the following questions:
- What do we need that we don't have?
 - What do we need to better understand?
 - What can your organisation do to improve the wellbeing and mental health of the population?

Recommendation

- 6 The HWB is recommended to:
- (a) receive the forthcoming presentation at the HWB meeting and engage in the workshop discussion at the board to explore the above questions.

Background

- 7 The Mental Health Strategic Partnership (MHSP) is accountable to the Health and Wellbeing Board (HWB) for the delivery of improvements on its priority areas for mental health and wellbeing. The MHSP provides the strategic framework to respond to these priority areas of mental health and emotional wellbeing across the county.
- 8 The HWB has a responsibility and duty to encourage integrated working between commissioners of health services, public health and social care services for the purposes of advancing the health and wellbeing of the people in County Durham. Mental health, wellbeing and resilience is key in this function.
- 9 The MHSP deliver a plan to improve mental health, wellbeing and resilience, working across the system. It is important that HWB members are aware of the key workstreams and receive regular updates to ensure they are aware of the latest progress, challenges, and futures next steps.

Conclusion

- 10 HWB members will receive an update from the MHSP leads and will have an opportunity to provide feedback and recommendations to support next steps.

Author

Yusuf Meah

Tel: 07721834065

Appendix 1: Implications

Legal Implications

None.

Finance

None.

Consultation and Engagement

The consultation and engagement with local individuals, families and communities is a core principle for supporting any new system-wide developments, recommended by the County Durham Approach to Wellbeing. The use of co-production is a fundamental aim in developing any new pathways, or services for mental health support and is encouraged throughout the work of the MHSP.

Equality and Diversity / Public Sector Equality Duty

Equality and Diversity are at the heart of our vision and core values. We understand the wider benefits of improving everyone's quality of life and recognise that inequality continues to affect different people and communities in different ways. We are committed to creating and sustaining a modern and supportive offer for mental health and wellbeing and tackling the inequalities, prejudice and discrimination affecting the diverse communities which we serve.

Climate Change

None identified.

Human Rights

No adverse implications.

Crime and Disorder

Improving mental health and wellbeing across all ages will have a positive impact on crime and disorder.

Staffing

None identified.

Accommodation

None identified.

Risk

None identified.

Procurement

None.