

Cabinet

15th October 2014

**Health and Wellbeing Board
Annual Report 2013-14**



Report of Corporate Management Team

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Purpose of Report

1. The purpose of this report is to present Cabinet with the Health and Wellbeing Board Annual Report 2013-14, attached as Appendix 2.

Background

2. The County Durham Health and Wellbeing Board was formally established as a committee of Durham County Council in April 2013.
3. Embedding as a new committee of Durham County Council meant that members of the Health and Wellbeing Board needed to adapt to new ways of working, which has led to innovative approaches being used by partners to enhance the development of the Board. This has included the development of joint strategies and planning frameworks.
4. In a changing environment both nationally and locally, there have been many challenges to face, including the ongoing financial pressures across public services which have impacted on the operating environment for both Durham County Council and partner organisations. Despite this, the Health and Wellbeing Board have continued to work together to drive forward positive change in health and social care for the people of County Durham.
5. The implementation of the Better Care Fund, which will see £43.735m in 2015/16 deployed locally on health and social care initiatives through pooled budget arrangements, is a key driver to ensuring that more joined up

- community health and care services are provided to ensure that vulnerable people receive the right care, in the right place, at the right time.
6. The 'Better Care Fund' has been aligned to the strategic objectives in the Joint Health and Wellbeing Strategy and the Clinical Commissioning Group's commissioning intentions and strategic and operational plans to ensure that the work on integration and transformation is fully reflected.
 7. The Health and Wellbeing Board is working with Area Action Partnerships (AAP's) to support the delivery of better outcomes for local people. This includes ensuring that when AAP's are considering targets and outcomes concerning health and wellbeing that these are aligned with the priorities in the Joint Health and Wellbeing Strategy.
 8. This is the first Health and Wellbeing Board annual report which outlines the work and achievements of the Board during its first year of operation, in addition to its future work programme.
 9. The Health and Wellbeing Board Annual Report 2013-14 was agreed by the Health and Wellbeing Board at its meeting on 3rd July 2014.

Achievements during 2013/14

10. Central to achieving the vision of the Health and Wellbeing Board to "Improve the health and wellbeing of the people of County Durham and reduce health inequalities" is the belief that decisions about the services provided, should be made as locally as possible and involve the people who use them. To support this, the Health and Wellbeing Board agreed an Engagement Memorandum of Understanding which sets out the broad principles and processes which guide the joint engagement work of the member organisations to avoid duplication and share a common focus.
11. The Health and Wellbeing Board developed its first Joint Health and Wellbeing Strategy 2013-17 which identified the six strategic objectives for the work of the Health and Wellbeing Board as follows:
 - Children and young people make healthy choices and have the best start in life
 - Reduce health inequalities and early deaths
 - Improve the quality of life, independence and care and support for people with long term conditions
 - Improve the mental and physical wellbeing of the population
 - Protect vulnerable people from harm
 - Support people to die in the place of their choice with the care and support that they need
12. The Health and Wellbeing Board consulted with over 400 people between October 2013 and February 2014 on the review of the Joint Strategic Needs Assessment (JSNA) and the Joint Health and Wellbeing Strategy (JHWS) to ensure it continued to reflect the health and wellbeing needs of local people. The consultation included service users, patients, members of the public,

voluntary and community organisations, public health, the local authority, Area Action Partnerships and NHS colleagues.

13. The Health and Wellbeing Board agreed the County Durham Better Care Fund plan, which will support seven key work programmes to integrate health and social care initiatives locally from 2015/16 as follows:

- **Short term intervention services** which includes intermediate care community services, reablement, falls and occupational therapy services
- **Equipment and adaptations for independence** which includes telecare, disability adaptations and the Home Equipment Loans Service
- **Supporting independent living** which includes mental health prevention services, floating support and supported living and community alarms and wardens
- **Supporting Carers** which includes carers breaks, carer's emergency support and support for young carers
- **Social inclusion** which includes local coordination of an asset based approach to increase community capacity and resilience to provide low level services
- **Care home support** which includes care home and acute and dementia liaison services
- **Transforming care** which includes maintaining the current level of eligibility criteria, the development of IT systems to support joint working and implementing the Care Act

14. One of the key work programmes as part of our Better Care Fund plan is the Integrated Short-term Intervention Service (ISIS), which provides one route into a range of short term services following discharge from hospital. These services include telecare, reablement, rehabilitation, home care and community equipment services. A 24/7 single point of access has been created to enable all health and social care professionals from acute and community settings to make a referral for an assessment to promote independence and faster recovery from illness, and to provide rehabilitation support services to enable service users to develop and regain both confidence and practical skills.

15. The Public Mental Health Strategy aims to reduce the number of people developing mental health problems through the promotion of good mental health, prevention and early identification of poor mental health and improving the quality of life and supporting recovery for those with mental ill health. A key action of the Public Mental Health Strategy is reducing social isolation and loneliness, which can have a big impact on health. The Public Mental Health Strategy is one of the key strategies which supports the wider County Durham 'No Health without Mental Health' Local Implementation Plan which was agreed by the Health and Wellbeing Board in September 2014.

Commitments of the Health and Wellbeing Board during 2014/14

16. The Health and Wellbeing Board signed up to the Disabled Children's Charter to ensure that the needs of disabled children are fully understood and services

are commissioned appropriately. As part of this commitment a number of additional strategic actions with a specific focus on improving outcomes for disabled children and their families were included as part of the review of the Joint Health and Wellbeing Strategy as follows:

- Carry out a Strategic Review of commissioning arrangements for children with a disability and their families
 - As part of Special Education Needs and Disability (SEND) reforms, implement birth to 25 Education, Health and Care (EHC) assessments for children with special educational needs
17. The Chair of the Health and Wellbeing Board and Director of Public Health County Durham were identified as mental health champions, whose role includes promoting wellbeing and initiating and supporting action on public mental health.
 18. The Health and Wellbeing Board signed up to the National Pensioners Convention's Dignity Code, which has been developed to uphold the rights and maintain the personal dignity of older people.
 19. The Health and Wellbeing Board signed up to the National Dementia Declaration and Dementia Care and Support Compact in January 2013, to support the delivery of the National Dementia Strategy and improve care and support for people with dementia, their carers and families.

Future work for the Health and Wellbeing Board

20. There are a number of initiatives that the Health and Wellbeing Board have already, and will continue to take forward during the coming year.
21. Figures show that the number of people aged 60 and over with dementia is expected to double in County Durham by 2030, so it is essential that the right services are in place to accommodate need. To address this challenge and show its continued commitment, the Health and Wellbeing Board agreed the three year Dementia Strategy for County Durham and Darlington in July 2014, and also signed up to the Carers Call to Action in September 2014, which will work to ensure that the vision for carers of people with dementia is achieved.
22. One key area of the strategy is the roll out of 'Dementia Friendly Communities', which will focus on improving inclusion and quality of life for people living with dementia. Barnard Castle and Chester le Street have been selected as the first two sites in County Durham for this initiative. The intention is that more communities in County Durham will become dementia friendly over the next three years.
23. Following a review of hospice and palliative care services, the Health and Wellbeing Board agreed a plan for Palliative and End of Life Care in County Durham, to ensure that people diagnosed with a life limiting condition, and their carers, receive high quality sustainable services and improvements in their patient and carer experiences. The Health and Wellbeing Board are committed

to ensuring that those people who need it receive excellent palliative care, in the place they want to receive it, when they are progressing towards the end of life.

24. The County Durham Mental Health Implementation Plan will take forward the local implementation of the national mental health strategy “No Health without Mental Health”. The plan provides an implementation framework which aims to improve mental health and wellbeing across all ages within County Durham. As well as improving population mental health, the plan prioritises action based on local need including improving the physical health of people with mental health needs, and improving the quality and access to care and support services.
25. The development of this Local Implementation Plan also needs to be seen to embrace other key Mental Health Strategy work ongoing in County Durham, including the following:
 - Public Mental Health Strategy
 - Self-Harm and Suicide Prevention
 - County Durham Dual Diagnosis Strategy
 - Dementia Strategy for County Durham and Darlington
 - Mental Health Crisis Care Concordat
 - Children and Young People’s mental health, emotional wellbeing and resilience Plan
 - Child and Adolescent Mental Health Services interim Strategy
26. The Health and Wellbeing Board hosted its third annual engagement event in October 2014, as part of the process to review the Joint Health and Wellbeing Strategy. This year, the event had a different focus which included a number of themed workshops relating to health, social care and the wider wellbeing approach, such as long term conditions, physical activity and drugs and alcohol.
27. The event was supported by the Local Government Association and a national speaker, Dr William Bird, led the physical activity workshop.
28. The event also included a presentation on the work taking place on the Mental Health Crisis Care Concordat for County Durham, which is a commitment from organisations to prevent crises through prevention and early intervention. This commitment is part of implementing the County Durham Mental Health Implementation Plan.
29. As with previous years, a wide range of stakeholders attended the engagement event, which included the Chief Executive of Durham County Council, Health and Wellbeing Board members, service users, patients, GPs, carers, members of the voluntary and community sector as well as professionals from partner agencies and elected members.
30. The Health and Wellbeing Board submitted the County Durham Better Care Fund plan on 4th April 2014 to the NHS England Area Team, and has continued

to respond to new guidance to further develop the plan which was resubmitted on 19th September 2014.

Recommendations

31. Cabinet is requested to:

- Note the work that has taken place during the first year of operation of the Health and Wellbeing Board
- Receive the Health and Wellbeing Board Annual Report 2013-14 for information (Appendix 2)

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Appendix 1: Implications

Finance – Ongoing pressure on the public services will challenge all agencies to consider how best to respond to the health, social care and wellbeing agenda.

Staffing – Not Applicable

Risk – Not Applicable

Equality and Diversity / Public Sector Equality Duty – Equality Impact Assessments has been completed for the Joint Strategic Needs Assessment (JSNA) and the Joint Health and Wellbeing Strategy (JHWS). The Health and Wellbeing Board has a statutory duty to produce a JSNA and JHWS.

Accommodation - Not Applicable

Crime and Disorder – Not Applicable

Human Rights - Not Applicable

Consultation – Consultation has taken place as part of the development of the JSNA, JHWS and CCG Commissioning intentions through Call to Action

Procurement – Not Applicable

Disability Issues – The needs of disabled people are reflected within the JSNA and the JHWS.

Legal Implications – The Health and Social Care Act 2012 established the requirement for all upper tier local authorities to establish Health and Wellbeing Boards.