Safer and Stronger Communities Overview and Scrutiny Committee

26th September 2011

Overview and Scrutiny Review
Adult Substance Misuse Services
‘From Treatment to Recovery’ – Scoping Document and Project Plan

Report of Lorraine O'Donnell, Assistant Chief Executive

Purpose of the Report

1. To present Members of the Safer and Stronger Communities Overview and Scrutiny Committee with a scoping document and project plan to undertake the Committee’s review of Adult Substance Misuse Services ‘From Treatment to Recovery’.

Detail

2. At its meeting on 11 July 2011, Members of the Committee considered a report providing an outline to the review and agreed that a scoping document be developed and dates for Working Group meetings be arranged.

3. A scoping document attached in Appendix 2 details the Review’s background, purpose, objectives, focus and project plan to undertake the review. In summary, the Review will take evidence on Adult Substance Misuse Services and how it is developing recovery focused services in County Durham within the context of the 2010 Government Drug Strategy and anticipated outcomes of the forthcoming Health and Social Care Bill. The Bill, at present, includes commissioning of substance misuse services to be a key responsibility of the proposed Local Authority Director of Public Health.

4. The project plan provides an opportunity for Members to visit a substance misuse treatment centre and the two new recovery centres within the County. In addition, findings from a review of Alcohol Services that is currently being undertaken by County Durham DAAT will also be presented to Members.

5. Undertaking this review is both timely in contributing to an emerging change of service delivery and in anticipation of the Health and Social Care Bill. Evidence from the review will identify recommendations that could contribute to shaping outcomes of these services and objectives.
within the Council Plan, Sustainable Community Strategy and Safe Durham Partnership Plan.

6. Review Group meetings and visits are to take place between October and November 2011 with a report scheduled to be presented to the Committee in February 2012 and Cabinet in March 2012.

Recommendations

7. Members of the Committee are asked to note information within this report and provide comment on the scoping document attached in Appendix 2.

Background Papers

8. Proposed Scrutiny Review Substance Misuse ‘From Treatment to Recovery’, Safer and Stronger Communities Overview and Scrutiny Committee 11th July 2011

Contact: Jonathan Slee, Overview and Scrutiny Officer    Tel: 0191 383 6404
jonathan.slee@durham.gov.uk
Appendix 1: Implications

Finance – None

Staffing - None

Equality and Diversity – None

Accommodation - None

Crime and Disorder – The review will contribute to aims of Altogether Safer element of the Council Plan, Safe Durham Partnership Plan and Sustainable community strategy.

Human Rights – None

Consultation - None

Procurement - None

Disability Discrimination Act – None

Legal Implications – None
Background and Rationale for the Review

Members of the Committee have agreed to undertake a review looking at adult substance misuse services within County Durham and its transition from treatment to recovery. The Committee selected this as a topic as Members had previously commented on performance of these services within quarterly performance reports. Community Alcohol Service (CAS) is a new development for County Durham and has been implemented over the past three years using a phased approach. County Durham, to date, has the highest level of investment for alcohol treatment in the Region. The service delivery is based on a hub and spoke model. The performance set for years 1-3 were kept to a minimum to support developments and base line data and service running costs needed to be established once the service had been fully operational for one full year.

This topic is also linked to objectives of ‘Alcohol and Substance misuse harm reduction’ within the ‘Altogether Safer’ element of the Council Plan, the Sustainable Community Strategy and priorities of the Safe Durham Partnership Plan.

In addition, the Government’s Drug Strategy 2010 sets out a fundamentally different approach to preventing drug use within communities and in supporting recovery from drug dependence, with alcohol included for the first time. The aim of this approach is to ‘create a recovery system that focuses on getting people into treatment and meeting process-driven targets, but getting people into full recovery and off drugs and alcohol for good’. It is believed that through permanent change that individuals will cease offending, stop harming themselves and their communities and successfully contribute to society.

At present, County Durham Drug & Alcohol Action Team (DAAT) has responsibility to commission substance misuse services at treatment centres within County Durham. The Government’s Drug strategy also identifies that the future commissioning and oversight of drug and alcohol treatment services to be a core part of work for the Local Authority Director of Public Health.

At the time of preparing the scope and project plan for this review, developments are currently underway to open two recovery centres, with a focus on alcohol abstinence in Durham and drug recovery at Peterlee. These centres are to operate specific recovery models and to be successful, requires involvement of partner agencies including the Council. As part of the review arrangements will be made for Members to have an opportunity to visit both centres and compare the two recovery models.
Members have also been informed that the County Durham DAAT is currently undertaking a comprehensive review of alcohol services, this review is looking at processes, performance and staffing and any opportunity to further embrace the recovery agenda. Outcomes from the review will also inform future commissioning and findings are to be reported to the Safe Durham Partnership Board and be included within the Committee’s review.

Within this context, undertaking this review is both timely in contributing to an emerging change of service delivery and will enable Members to gain knowledge and understanding of substance misuse recovery models. Evidence from the Review will aim to identify recommendations that could contribute to shaping outcomes of these services and objectives within the Council Plan, Sustainable Community Strategy and Safe Durham Partnership Plan. Most important of all is that outcomes from this review will also contribute to Safer and Stronger Communities within County Durham.

**Review Purpose**

To contribute to the delivery of substance misuse recovery models within County Durham.

**Objectives**

1) To gain an understanding of:
   a. Numbers of people in treatment services (inc locality breakdown, referral routes and age profile) and how they can access services and support networks
   b. the history of substance misuse services and its transition from treatment to recovery within County Durham
   d. the commissioning role of the DAAT and implications of the forthcoming Health and Social Care Bill
   e. Existing treatment centres and the aims and objectives of recovery models within the centres at Durham and Peterlee
   f. Levels of support that is available from partners and the Voluntary Sector to contribute to services within recovery centres
   g. Support mechanisms that are available to families and carers of users in treatment or recovery services

2) To undertake field study visits to an existing treatment centre and the recovery centres at Durham and Peterlee

3) Seek guidance from National Treatment Agency and identify examples of best practice to further contribute to development of treatment and recovery models within County Durham.
4) To include findings from the DAAT review of Alcohol Services within the Committee’s report

5) To undertake research and evidence on Cost Benefit Analysis or Value for Money studies and the benefits of providing recovery based models.

**Focus**

Building upon the above objectives the review should seek to identify outcomes relating to:

- Potential implications for the Council from the recovery element of the Government’s Drug Strategy and the Health and Social Care Bill
- Raise awareness of treatment and recovery centres within County Durham
- The development of recovery models at Durham and Peterlee recovery centres
- The role of partner agencies including the local authority and 3rd Sector to support recovery centres
- Contributing to improving clients undertaking effective treatment and making a full recovering from substance misuse
- Comment on outcomes of the DAAT review of Alcohol Services

A Project Plan is attached to identify how the Review Group will gather its evidence to support the focus of this Review.

**Reporting Arrangements**
The Overview and Scrutiny review group will report to the County Council’s Assistant Chief Executive’s Management Team, Corporate Management Team (CMT), Health and Wellbeing Partnership Board, Safer and Stronger Communities Scrutiny Committee and Cabinet on its findings and recommendations.

**Timescale**
The review is to complete its research period by December 2011 and report its findings to Cabinet in early 2012.
## Adult Substance Misuse Services ‘From Treatment to Recovery’ – OVERVIEW & SCRUTINY REVIEW

### PROJECT PLAN

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<thead>
<tr>
<th>WHEN</th>
<th>DESIGNATED LEAD</th>
<th>WHO</th>
<th>WHAT</th>
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<th>OUTCOMES</th>
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<tbody>
<tr>
<td>10am</td>
<td>Jonathan Slee</td>
<td>Proposal to undertake review of Substance Misuse Services ‘From Treatment to Recovery’</td>
<td>a) Outline of proposed review</td>
<td>a) Report and research paper</td>
<td>a) To set the scene and provide members with an outline of the proposed review and provide supporting information from other LA scrutiny reviews, government guidance and useful websites</td>
<td>To undertake the Committee’s review</td>
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<tr>
<td>11 July 2011</td>
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<td>b) Supporting information on Local Authority Reviews guidance from Home Office, Dept of Health and links to relevant websites</td>
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<td>10am</td>
<td>Jonathan Slee</td>
<td>Present draft Scoping Document</td>
<td>a) Draft Review Scoping document, Terms of reference and Project Plan</td>
<td>a) report</td>
<td>a) Build upon draft scoping document and develop a project plan to undertake the review</td>
<td>Provide outlines approach to undertake the Committee’s review.</td>
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<td>26 September 2011 Committee Room 2 Co. Hall</td>
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<td>10 am</td>
<td>Cllr Boyes</td>
<td>Setting the Scene</td>
<td>Members to Consider</td>
<td>a) Presentation</td>
<td>a) Provide Members with background information on substance misuse services including commissioning of services, treatment centres and aims and objectives of recovery models at Peterlee and Durham recovery centres Knowledge of Government legislation, what is required to deliver recovery objectives within the Government’s drug strategy and knowledge of the future role of commissioning substance misuse services.</td>
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<td>Mandy English</td>
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<td>b. Review Scoping document, terms of reference and project plan</td>
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<td>Mark Harrison</td>
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<td>WHEN</td>
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<td>12th, 18th October and 3rd November</td>
<td>Cllr Boyes, Jonathan Slee, Mark Harrison</td>
<td>Mandy English</td>
<td>Field Study Activity</td>
<td>Visits</td>
<td>For Members to gain knowledge of treatment and recovery centres, their treatment models and to seek views from service users.</td>
<td>Evidence gathering to support the review group report</td>
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<td>10 am 29th November Committee Room 2, Co Hall</td>
<td>Cllr Boyes, Jonathan Slee, Mandy English</td>
<td>Jonathan Slee</td>
<td>Feedback from Evidence Gathering</td>
<td>Report/presentation</td>
<td>To consider evidence gathered throughout the review to formulate conclusions to produce a draft report to be considered by SSC OSC</td>
<td>Develop draft report</td>
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<td>6th February 2012 OSC Committee Meeting</td>
<td>Cllr Boyes, Jonathan Slee</td>
<td>Jonathan Slee</td>
<td>Consider Draft review Group Report</td>
<td>Report</td>
<td>Agree report to be considered by Cabinet</td>
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<tr>
<td>4th March 2012 Cabinet</td>
<td>Cllr Boyes</td>
<td></td>
<td>Present report to Cabinet</td>
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