

## Health and Wellbeing Board

4 September 2018

### Health and Wellbeing - Area Action Partnership Links



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### Report of Andy Coulthard, Area Action Partnership Coordinator, Transformation and Partnerships, Durham County Council

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#### Purpose of Report

- 1 The purpose of this report is to provide an update in relation to the work taking place to enhance the interface between Area Action Partnerships (AAPs) and the Health and Wellbeing Board to improve the alignment of AAP developments and investments and the priorities of the Board.
- 2 To make suggestions on how AAPs and the Health and Wellbeing Board can continue to develop their working relationship to better benefit residents in County Durham.

#### Background

- 3 The last report on the work of AAPs was presented to the Health and Wellbeing Board in January 2018. This report forms part of a regular update to the Board that reviews joint working between health and wellbeing partners and the 14 AAPs.

#### AAPs and Delivery Partnerships

- 4 The following section provides an update on county wide partnerships and services in which the AAPs are involved. It has been agreed with the lead agencies responsible that progress summaries will be provided through this report to the Board.

#### County Durham Dementia Action Alliance (CDDAA) and the Dementia Friendly Communities Network (DFCN)

- 5 Cllr Lucy Hovvels - Chair of the Health and Wellbeing Board attended the CDDAA in January 2018 and provided an overview of the Health and Wellbeing Board, its priorities and how these may integrate with the CDDAA Action Plan. Cllr Hovvels and several other local elected members are at the heart of developing numerous Dementia Friendly Communities across the county in the next few years alongside partners and led by the Alzheimer's Society.

6 There are 3 key objectives for the 2018/19 CDDAA Action Plan:

- *To Create and support the development of Dementia Friendly Communities across County Durham*
- *To raise the awareness of dementia amongst children & younger people*
- *To examine ways in which the CDDAA can tackle isolation amongst those affected by dementia*

There are numerous partners feeding into the plan including AAPs, Durham County Council Adult and Health Services Commissioning, Her Majesty's Passport Office, Beamish, Care Homes and Hospices.

7 Working alongside the Alliance, and supporting its first objective, is the Dementia Friendly Communities (DFC) Network which has been established by the Alzheimer's Society to share best practice and support those who are in the process of establishing DFCs. There are approximately 9 existing DFCs in the County, however, there are a further 15 currently being developed with numerous more to follow.

### **AAPs Update**

- 8 As highlighted in January's report there are 11 AAPs who have Health and Wellbeing as a key priority, each of these are operating a task and finish group and through the use of the 2016/17 AAP Priority Survey, their AAP Profile and service partner knowledge they have identified key issues to examine. During 2017 each AAP Board agreed to keep their priority themes for a period of 2 years to allow longer term focus on key areas of work. An overview of all 14 AAPs Key Priorities can be found in Appendix 2.
- 9 In summary, the Priority Survey for the Health and Wellbeing theme highlighted mental health, access to health services and physical health as their top three issues or causes for concern.
- 10 What should also be noted is that all 14 AAPs have 'Children, Young People and Families' as a priority theme and 8 have 'Support for Older People' as a theme, both of which have mental health and emotional wellbeing as key issues/areas for concern.
- 11 AAPs receive core funding of £100,000 each year. In recent years this has been supplemented with additional funding linked to health, welfare reform and youth work. AAPs also support the 126 County Councillors in allocating their Neighbourhood Budgets (£19,400 per Councillor).
- 12 From 2018/19 to 2020/21 (3 years) each AAP will receive £25,000 from the Adult Care Transformation and Innovation Fund (ACTIF) to establish an Older People's Social Isolation Fund. Criteria for this fund has been agreed between Adults and Health Commissioning and AAPs and is now being implemented across each AAP. An update on how this is progressing will be provided in our next report to the Board in 2019.

- 13 In 2017/18 the AAPs and Elected Members allocated £561,020 of AAP Area and Neighbourhood Budget to 98 health and wellbeing projects, this in turn attracted an additional £810,055 of matched funding. Details on projects are available on request. However the number of projects and monies allocated to projects is significantly higher when taking into account projects developed under other AAP priorities such as Children, Young People and Families and Older People.

### **Summary of AAP Health & Wellbeing Projects**

- 14 AAPs have funded several projects during 2017/18 that support the key objectives of the Health and Wellbeing Board. A number of these have been highlighted below under the key objective headings. Further information is available from the AAPs on all of the projects summarised.

#### Children and young people make healthy choices and have the best start in life

- 15 The **Childcare Pathway** project in Stanley will see the Early Years Team in partnership with Stanley Area Action Partnership, North Durham Community Led Local Development (CLLD) and Single Homeless Action Initiative in Durham (SHAID) working together to develop and deliver a bespoke package of support to enable eligible individuals within the Stanley area to either become Ofsted Registered Childminders or progress towards employment within the childcare sector. Whilst primarily an employment project seeking to work with 20 unemployed residents, the benefits of having more fully qualified minders will support the best start in life for those children they are working with.
- 16 The **Growing Up Healthy and Safe** project delivered by the Pre-School Learning Alliance has been supported by several AAPs including 4 Together; Bishop and Shildon; Chester-le-Street and Derwent Valley. The project will work with ten local community toddler groups within the Derwent Valley area to educate families on making healthy choices and providing safe places for young children. Each group will receive five x 4hour visits centred on healthy and safe families. Across the groups the project will seek to work with 500 individuals.

#### Reduce health inequalities and early deaths

- 17 The **Community Wellness Coordinator** project was supported again by Weardale AAP to build on their previous successes in supporting over 200 of the most vulnerable people in the Weardale area. The Community Wellness Coordinator continues to have face-to-face contact with these people, in their homes or in accessible venues, to facilitate signposting to services of value, reduce social isolation, and offer advice in improving health and wellbeing. The Community Wellness Coordinator will continue and develop screening programmes for undiagnosed conditions, including atrial fibrillation, and will work closely with primary care colleagues to reduce long-term mortality risks. The aim of the project is to not duplicate existing programmes but to make accessible to the whole community, the benefits of a holistic and inclusive community based service. Its target for 2018/19 is to work with 150 residents.

- 18 The **Warmth & Wellness** project is supported by 4 AAPs (Chester le Street, Durham, Mid Durham and Stanley) who are working with the County Durham and Darlington Fire and Rescue Service to develop a pilot project to address issues over winter deaths (cold related). A gap in provision was recognised by the Severe Weather Plan group when housing and social care partners highlighted schemes previously delivered by partners to provide vulnerable residents with heaters and winter warmth supplies had ceased. The AAPs have funded the pilot project which is based on a 24/7 service model of provision which has been in existence in Cleveland for 8 years and is delivered by their Fire and Rescue service. The pilot will operate until March 2019 with an ongoing evaluation being fed back into the Severe Weather Plan group. The project aims to work with 40 residents.

Improve the quality of life, independence and care and support for people with long term conditions

- 19 A **Dementia Friendly Communities Coordinator** will work across Derwent Valley, Chester-le-Street, Mid Durham, and Stanley AAP areas to develop Dementia Friendly Communities. The Coordinator will also work with the County Durham Housing Association Forum partners to increase dementia awareness and develop Dementia Friends Champions in the relevant Associations. The Coordinator will engage with a variety of partners to work towards becoming dementia friendly, in particular making towns/villages more accessible, raising awareness about dementia in order to reduce stigma, and promoting independence and improving the quality of life of those people affected by dementia. The project will seek to work with over 20 groups/services; 30 different buildings and over 400 residents.
- 20 The Pioneering Care Partnership's **Buddies Befriending Service** has once again been supported by GAMP AAP. The aim of the project is to support older residents, specifically those who are isolated and lonely as a result of illness, disability, age or family circumstances, so rather than becoming increasingly dependent on family members, social and medical services, they are more likely to live independently in their own homes and, at the same time, become integrated in the community. As part of a wider care package of support, befriending can help build resilience to adversity, increase social networks, improve the quality of life and provide support to amenities or access to other services, helping to improve future mental health and wellbeing. The project has already worked with 283 older residents and aims in the next year to work with a further 150.

Improve the mental and physical wellbeing of the population

- 21 Funding will be used to extend the **Come Eat Together** activities to reach additional older people. The project will develop two new Shopping Clubs using accessible transport to pick older people up from their homes, support them in their shopping & return them safely to their homes. Deliver social activities in community venues across Teesdale to bring older people together including our Eat Well Feel Great accredited training course, coffee mornings, Grow to Eat sessions and shopping online sessions. Recruit volunteers to assist with the activities described above to promote sustainability for the future. The project will target work with 200 older people across Teesdale.

- 22 Derwent Valley AAP have supported the delivery of two performances of '**She Wins All the Races**' a 'tragicomedy with biscuits' to Consett Academy and Blackhill Comrades Club for specific invited groups of vulnerable people. The show is based on the performer's true story of growing up with both of her brothers who were born with Duchenne Muscular Dystrophy and died aged 16 years old. Additionally there will be the delivery of drama workshops to students at Consett Academy aimed at vulnerable groups focussing on those experiencing emotional difficulties. Finally, selected young people from the workshops will engage in a more intensive two day summer holiday drama project which will see them devise their own performance on the theme of 'Emotional Resilience' using their personal stories and culminating in a performance of their very own to family and friends. The project will seek to work with 380 residents.
- 23 **Active Valley** is a concept developed through the Mid Durham AAP in partnership with Durham County Council Culture and Sport, Wellbeing for Life and Active Durham. The project will cover two years and seek to develop a network of partners and provision along the Deerness Valley that will encourage those who are already physically active to continue to be, and try more activity, whilst identifying those that are less active and getting them motivated and engaged in physical activity. Active Valley will run alongside a project which seeks to refurbish and develop the Public Rights of Way along the Valley. It will also be part of an Active Durham programme which will seek to use an asset/place based approach to encourage more physical activity within specific areas. Active Valley will pilot the rural approach whilst Active Shildon will look at an urban angle. Active Valley will seek to engage nearly 600 residents of all ages.

#### Protect vulnerable people from harm

- 24 **Make do and mend** (Weardale AAP) will create a film of a play which was developed by Changing Relations on the subject of Domestic Abuse (DA). The project will write, design and print a training resource pack and educational support programme to accompany it and drive home the key messages. The goal of the project is to raise awareness of the signs that someone known to members of the community is affected by DA and the many complex reasons victims don't 'just leave' abusive relationships. The target for the project is to work with over 560 young people across schools in Weardale.
- 25 The **Chrysalis** Project supports children, young people and their families who are survivors of domestic abuse. BASH have supported the project which takes a whole family approach in supporting the family to develop better relationships and coping strategies to recover from the traumatic experience of living in an abusive home. The programme includes one to one mentoring and a programme of diversionary activities to rebuild the family relationships. It also has a preventative slant which includes workshops in secondary schools for young females to empower them and prevent them from entering the cycle of abuse. Plus a workshop for young males which sends out a clear message that there is no room for power and control in a healthy relationship.

## Shared and Supported Work

- 26 AAPs continue to be part of and input into the Severe Weather Plan, Active Durham, Mental Health, Teen Pregnancy and Sexual Health and Suicide Prevention Alliance/ Groups. The AAP representative responsible for connecting AAP work with that of the Health and Wellbeing Board partners is also part of the County Durham Partnership Event Planning group which will focus on Mental Health and take place on the 10 October 2018.
- 27 The AAPs will be approaching residents during August and September to complete the Priority Survey which provides AAPs with a guide as to where residents feel they and their partners should concentrate their future efforts. These will not only help the AAPs to choose their priority themes for 2019/20 and 2020/21, but will also be used to help establish the foundations for a new vision for the County Durham Partnership.
- 28 AAPs are keen to ensure that they are working with the most up to date information so continued regular updates from the Health and Wellbeing Board on reports such as this help to shape local actions supported by the AAPs. All AAPs have Board meetings and task and finish groups and the AAP Coordinators meet regularly so there are plenty of opportunities to share information at a local and county level. In addition, prior to approving AAP projects, comments are sought from the relevant statutory agencies on the proposed action.
- 29 AAPs have Forum membership of approximately 15,000 and send regular e-bulletins to their members. Each AAP also has their own Facebook pages that can be utilised to raise key messages and consultations to local communities. The Health and Wellbeing Board have recently agreed the focus of media campaigns over the year and the AAP Facebook pages could be a further way of getting the messages out to communities.

## Recommendations

- 30 The Health and Wellbeing Board is recommended to note:
- a) The work that is taking place.
  - b) The improved alignment of work of the AAPs to the Health and Wellbeing Board.
  - c) The work by the AAPs during 2017/18 on addressing the Health and Wellbeing agenda
  - d) The shared work that AAPs and partners are currently working on.

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**Contact:** Andy Coulthard, Area Action Partnership Coordinator, Durham County Council  
**Tel:** 07818 510370

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## **Appendix 1: Implications**

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### **Finance**

The finance highlighted within this report is linked to budgets provided to the AAPs via Durham County Council.

### **Staffing**

Not applicable

### **Risk**

Not applicable

### **Equality and Diversity / Public Sector Equality Duty**

Not applicable

### **Accommodation**

Not applicable

### **Crime and Disorder**

Not applicable

### **Human Rights**

Not applicable

### **Consultation**

The AAPs engage with local residents and partners throughout the year and base their work on the contributions provided. They provide an opportunity for residents and partners to be part of the working groups tasked to examine, develop and evaluate the outcomes of the aforementioned contributions.

### **Procurement**

Not applicable

### **Disability Issues**

A number of the projects/programmes highlighted within this report will have a positive impact on the quality of life of those residents and their families that are impacted upon by certain disabilities.

### **Legal Implications**

Not applicable

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**Appendix 2: AAP Priorities**


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AAP	2018-19 Priorities
3 Towns	Children, Young People and Families <u>Health and Wellbeing</u> Community Safety (Overarching Priority)
4 Together	Children, Young People and Families <u>Health and Wellbeing</u> Older People
Bishop Auckland and Sildon	Children, Young People and Families Community Safety Employment, Enterprise and Training
Chester le Street and District	Thriving Chester-le-Street: Focusing on Town Centre Development and Employment Supporting Chester-le-Street Environment and Community Safety
Derwent Valley	Children, Young People and Families <u>Health and Wellbeing</u> Employment, Enterprise and Training Environment
Durham	Children, Young People and Families Older People Promotion of the City Centre/AAP
East Durham	Children, Young People and Families <u>Health and Wellbeing</u> Maintaining the Social Fabric of Our Community
East Durham Rural	Children, Young People and Families <u>Health and Wellbeing</u> Older People
Great Aycliffe and Middridge	Children, Young People and Families Older People Employment, Enterprise and Training
Mid Durham	Children, Young People and Families Community Safety <u>Health and Wellbeing</u> Environment
Spennymoor	Safer, Stronger, Healthier Communities Culture, Environment, Tourism and Heritage
Stanley	Children, Young People and Families <u>Health and Wellbeing</u> Older People Employment, Enterprise and Training Community Safety
Teesdale	Children, Young People and Families Older People Employment, Enterprise and Training
Weardale	Children Young People and Families <u>Health and Wellbeing</u> Supporting Local Groups Culture, Tourism and Heritage