# Tees, Esk & Wear Valleys NHS FT Smokefree Update

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#### **Smokefree Trust**



TEWV went smokefree in March 2016



Over 3200 staff trained to date to a minimum of brief advice



All in-patient ward areas stocked with nicotine products



Nicotine Management Team provide ongoing advice and support

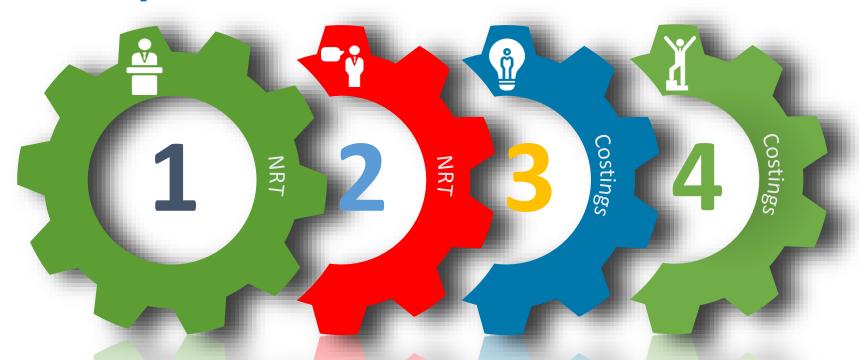


Free e-cigarettes available on admission (Not within Forensic Services due to potential risks)

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## NRT provision – first 6 months



Dispensed:

- 2033 NRT items
  - 1181 patches

Second most popular NRT is the Inhalator.

Trust costs Oct 2015 / Sep 2016 £86k

Now levelling at £36K

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# **Trust wide Audit-Smoking Status**

Speciality	2015 smokers	2016 smokers	2017 smokers
ALD	38%	25%	<b>0%</b> (0/26)
AMH	62%	56%	51% (136/268)
CYPS (Inc. LD teams)	13%	4%	<b>0%</b> (0/38)
FLD	36%	7%	<b>0%</b> (0/66)
FMH	67%	16%	1% (2/138)
MHSOP	11%	6%	5% (8/148)

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# Friends & Family Test Results (FFT)

Year	Number of staff identified as smokers
2015/16	10% (n 2984)
2016/17	8% (n 3011)
2017/18	7% (n 2721)
2018/19	7% (n 2717)

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#### **CQUIN 2017-2018**

The tobacco CQUIN has three elements which are required to be documented in the Lifestyle and Health Factor section on Paris for every inpatient admission:

- 9a- Screening for smoking status
- 9b- Brief advice
- 9c- Referral and offer of medication/e-cigarettes

94% achieved for 2017/18

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#### **CQUIN 2018-2019**

The second year of the tobacco CQUIN is underway with excellent results to date

- 9a- Screening for smoking status 90% target
- 9b- Brief advice 90% target
- 9c- Referral and offer of medication/e-cigarettes 30% target

#### 100% achieved for Q1 & Q2 2018/19

(NHSE are now reviewing the continuation of the CQUIN for 2019/20)

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### **PHE Report**

A full evaluation of both TEWV & NTW was carried out and cascaded nationally in May 2018

# Main findings:

Lots of good work so far but still challenges to work through to achieve full implementation of policy

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#### **Future Goals 2018/19**

- Continue with delivery of training, especially within community service teams
- Full Policy review
- Ongoing support for AMH services to implement policy
- Greater engagement with in-patients to support cessation long term
- Revisit pathway for referrals to community services for discharge support

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#### Trust signing of national smokefree pledge



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